

2024

MINNESOTA BOYS

TRACK and FIELD ANNUAL

THANK YOU

Thanks to Minnesota's track and field athletes, past and present, whose outstanding performances make this effort enjoyable.

MEA CULPA

Please forgive any errors or omissions and make us aware of them. We are aware that neither our 2024 lists nor our all-time lists are complete.

SEND ALL OMISSIONS OR ERRORS TO:

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TIMING

The National Federation Rule Book states that unless a timing system is fully automatic, times registered in one-hundredth of a second must be rounded up to the next tenth-second. Example: 10.42 will be recorded as 10.5 unless fully automatic timing is used. In ranking performances, we add 0.24 to manual times to approximate the fully automatic timing equivalent. Example: a hand time of 11.0 seconds would be considered equivalent to a fully automatic time of 11.24 seconds.

METERS / YARDS

Our All-Time Minnesota lists mix performances run at metric and English distances. Metric performances and their equivalents are listed. If the race was run at an English distance (yards), the actual performance follows name, school, and year in parentheses. Where an event was run only at the English distance and is no longer contested, performances are listed as run. Conversion factor from an English distance to Metric is 0.9942.

WIND

Most regular season meets do not have wind gauges. The only time I will record a mark as Wind-aided will be if it happens to be an All-Time Best in Minnesota and in that case, I will list the best wind-legal mark I have found for that athlete.

i = indoor performance

c = converted from yards to meters (0.9942)

WHEELCHAIR EVENTS - 2024

SHOT PUT WHEELCHAIR (Category 2) (6 pound shot)

| | | | |
|---------|-----------------|----------|----|
| 28' 5.5 | Lucas Taylor | Lakeview | 12 |
| 17' 5.5 | Broden Stensrud | Lakeview | 8 |

SHOT PUT WHEELCHAIR (Category 1) (4 kg or 8.81 pound shot)

| | | | |
|----------|-------------------|---------------|----|
| 21' 7 | Devin Filzen | Winona | 10 |
| 20' 3 | Michael Allen | Wayzata | 12 |
| 18' 4.5 | Macalister Hedtke | Wayzata | 10 |
| 17' 2.75 | Tyler Gunnarson | Saint Charles | 11 |
| 16' 0 | Terrek Jenniges | Lakeview | 10 |

DISCUS WHEELCHAIR (Category 2) (1.0 Kg)

| | | | |
|-------|-----------------|----------|----|
| 70' 3 | Lucas Taylor | Lakeview | 12 |
| 41' 4 | Broden Stensrud | Lakeview | 8 |

DISCUS WHEELCHAIR (Category 1) (1.6 kg)

| | | | |
|--------|-------------------|---------------|----|
| 56' 7" | Tyler Gunnarson | Saint Charles | 11 |
| 54' 5 | Macalister Hedtke | Wayzata | 10 |
| 51' 7 | Terrek Jenniges | Lakeview | 10 |
| 43' 4 | Devin Filzen | Winona | 10 |

100 METERS WHEELCHAIR

| | | | |
|-------|-------------------|---------------|----|
| 15.27 | Tyler Gunnarson | Saint Charles | 11 |
| 16.27 | Nelson Remington | Fairmont | 11 |
| 17.55 | Michael Allen | Wayzata | 12 |
| 20.34 | Devin Filzen | Winona | 10 |
| 21.19 | Macalister Hedtke | Wayzata | 10 |
| 24.18 | Terrek Jenniges | Lakeview | 10 |

200 METERS WHEELCHAIR

| | | | |
|-------|-------------------|---------------|----|
| 27.92 | Tyler Gunnarson | Saint Charles | 11 |
| 30.48 | Nelson Remington | Fairmont | 11 |
| 33.04 | Michael Allen | Wayzata | 12 |
| 37.71 | Devin Filzen | Winona | 10 |
| 41.52 | Macalister Hedtke | Wayzata | 10 |
| 47.58 | Terrek Jenniges | Lakeview | 10 |

400 METERS WHEELCHAIR

| | | | |
|----------|-------------------|---------------|----|
| 53.26 | Tyler Gunnarson | Saint Charles | 11 |
| 59.43 | Nelson Remington | Fairmont | 11 |
| 1:08.44 | Michael Allen | Wayzata | 12 |
| 1:13.37i | Devin Filzen | Winona | 10 |
| 1:21.12 | Macalister Hedtke | Wayzata | 10 |
| 2:06.90 | Terrek Jenniges | Lakeview | 10 |

800 METERS WHEELCHAIR

| | | | |
|---------|-------------------|---------------|----|
| 1:48.70 | Tyler Gunnarson | Saint Charles | 11 |
| 2:02.63 | Nelson Remington | Fairmont | 11 |
| 2:17.03 | Michael Allen | Wayzata | 12 |
| 2:43.05 | Devin Filzen | Winona | 10 |
| 3:00.34 | Macalister Hedtke | Wayzata | 10 |
| 4:26.82 | Terrek Jenniges | Lakeview | 10 |

1500 METERS WHEELCHAIR

| | | | |
|---------|------------------|---------------|----|
| 3:33.07 | Tyler Gunnarson | Saint Charles | 11 |
| 4:10.22 | Nelson Remington | Fairmont | 11 |

1600 METERS WHEELCHAIR

| | | | |
|---------|------------------|---------------|----|
| 4:08.77 | Tyler Gunnarson | Saint Charles | 11 |
| 4:24.73 | Nelson Remington | Fairmont | 11 |
| 4:28.85 | Michael Allen | Wayzata | 12 |
| 5:23.16 | Devin Filzen | Winona | 10 |

3000 METERS WHEELCHAIR

| | | | |
|----------|------------------|----------|----|
| 8:32.78 | Nelson Remington | Fairmont | 11 |
| 11:28.62 | Devin Filzen | Winona | |

3200 METERS WHEELCHAIR

| | | | |
|---------|---------------|---------|----|
| 9:49.32 | Michael Allen | Wayzata | 12 |
|---------|---------------|---------|----|

5000 METERS WHEELCHAIR

| | | | |
|----------|-----------------|---------------|----|
| 14:44.10 | Tyler Gunnarson | Saint Charles | 11 |
|----------|-----------------|---------------|----|

RUNNING EVENTS - 2024

100 METER DASH

| | | | |
|-------|---------------------------|----|---------------------------|
| 10.35 | Juriad Hughes Jr. | 12 | Irondale |
| 10.46 | Tobias Williams | 12 | Minnetonka |
| 10.60 | Dwyne Smith Jr. | 12 | Apple Valley |
| 10.63 | Cordell Birden | 11 | St. Louis Park |
| 10.67 | Thomas Lamkin | 12 | Red Wing |
| 10.68 | Kwabena Yawson | 12 | Rosemount |
| 10.69 | Luke Emmerich | 11 | Monticello |
| 10.70 | Blake Koenen | 12 | Eagan |
| 10.70 | Evan Maurud | 12 | Winona |
| 10.71 | KhiJohnn Cummings-Coleman | 12 | Coon Rapids |
| (10) | | | |
| 10.71 | Jamareon Douglas | 11 | Blaine |
| 10.73 | Tyler Milkes | 12 | Wayzata |
| 10.73 | Saul Rhodes | 10 | Buffalo |
| 10.74 | Riddik Collier | 12 | Rosemount |
| 10.75 | Lucas Webber | 11 | Owatonna |
| 10.76 | Sebastian Bari | 11 | Rochester Mayo |
| 10.77 | Brian Schloeder | 12 | Rockford |
| 10.78 | Carter Reckelberg | 11 | Becker |
| 10.78 | Michael Douglas | 12 | Blaine |
| 10.78 | Bryson Mwaura | 11 | Eastview |
| (20) | | | |
| 10.79 | Victor Ruhland | 12 | Orono |
| 10.80 | Caleb Kamara | 10 | Burnsville |
| 10.80 | Michael Olomiyete | 12 | Blaine |
| 10.80 | Jalen Smith | 12 | Mankato West |
| 10.81 | William Hairston | 12 | Minnetonka |
| 10.82 | Evan Feller | 11 | Bloomington Jefferson |
| 10.82 | Jamal Smith | 10 | Spring Lake Park |
| 10.83 | Monte Gillman | 12 | Dassel-Cokato |
| 10.83 | Noah Johnson | 10 | Dassel-Cokato |
| 10.84 | Lane Hoffman | 10 | Hastings |
| (30) | | | |
| 10.84 | Jack Markstrom | 12 | Mound-Westonka |
| 10.84 | Jack Weigel | 11 | Maple Grove |
| 10.85 | Josh Beardmore | 12 | Caledonia/Spring Grove |
| 10.85 | Garrett Karsten | 12 | Owatonna |
| 10.85 | Justin Kuharski | 12 | Totino-Grace |
| 10.86 | Caleb Anderson | 12 | White Bear Lake Area |
| 10.86 | Brouke Brookins | 12 | St. Paul Highland Park |
| 10.86 | Daniel Jackson | 11 | Alexandria |
| 10.86 | Parker Peterson | 12 | Hutchinson |
| 10.87 | Muhiz Bada | 12 | St. Michael-Albertville |
| (40) | | | |
| 10.87 | Koi Perich | 12 | Esko |
| 10.88 | Damarius Russell | 11 | Waseca |
| 10.89 | Jesse Ortiz | 12 | Medford |
| 10.90 | Isaiah Wilson | 11 | Simley |
| 10.91 | Joshua Marcinkevich | 12 | Prior Lake |
| 10.91 | Ayo Ogundeji | 11 | Nevis |
| 10.91 | Alvin Thomas | 12 | Champlin Park |
| 10.91 | Evan James | 11 | Mesabi East |
| 10.94 | Jack Hennen | 12 | New Prague |
| 10.7h | Ryan Kangas | 12 | Win-E-Mac |
| (50) | | | |
| 10.94 | Jacob Ochsendorf | 12 | Montevideo |
| 10.95 | Cam Jones | 12 | Howard Lake-Waverly-Winst |
| 10.95 | Sir Brody Miller | 11 | Shakopee |
| 10.96 | Jaden Alexander | 11 | DeLaSalle |
| 10.96 | Reid Stanslaski | 12 | Robbinsdale Armstrong |
| 10.97 | Derek Guth | 11 | St. Peter |
| 10.97 | Mason Kuchenmeister | 12 | Cretin-Derham Hall |
| 10.97 | Zashon Rich | 12 | Minneapolis North Communi |
| 10.97 | Emmanuel Taye | 11 | Shakopee |
| 10.98 | Trystan Green | 11 | Centennial |
| (60) | | | |

| | | | |
|-------|---------------------|----|------------------------|
| 10.98 | Rufus Kermee | 11 | Moorhead |
| 10.98 | Hunter MacGillivray | 12 | Prior Lake |
| 10.98 | Tyler Sperl | 10 | Eagan |
| 10.98 | Judah Zinter | 11 | Concordia Academy |
| 10.99 | Avery Buckner | 10 | St. Thomas Academy |
| 10.99 | Elijah Mercado | 9 | St. Peter |
| 10.99 | Eli Staggemeyer | 11 | Caledonia/Spring Grove |
| 11.00 | Cam Begalle | 11 | Andover |
| 11.00 | Joseph Boguslawski | 11 | Rochester Mayo |
| 11.00 | Mason Spence | 10 | Zimmerman |
| 11.00 | Isaiah Tandoh | 12 | Ortonville |
| (71) | | | |

200 METERS

| | | | |
|--------|---------------------------|----|-------------------------|
| 21.22 | Juriad Hughes Jr. | 12 | Irondale |
| 21.43 | Dwyne Smith Jr. | 12 | Apple Valley |
| 21.59 | Jack Markstrom | 12 | Mound-Westonka |
| 21.63 | Tobias Williams | 12 | Minnetonka |
| 21.68 | Parker Peterson | 12 | Hutchinson |
| 21.74 | Caleb Kamara | 10 | Burnsville |
| 21.82 | KhiJohnn Cummings-Coleman | 12 | Coon Rapids |
| 21.82 | Blake Koenen | 12 | Eagan |
| 21.89 | Ayo Ogundeji | 11 | Nevis |
| 21.94 | Cooper Drake | 10 | Edina |
| (10) | | | |
| 21.95 | Cordell Birden | 11 | St. Louis Park |
| 21.95 | James Kopfmann | 10 | Chanhasen |
| 21.95 | Thomas Lamkin | 12 | Red Wing |
| 21.96 | Sir Brody Miller | 11 | Shakopee |
| 21.99 | Lane Hoffman | 10 | Hastings |
| 22.00 | Jamareon Douglas | 11 | Blaine |
| 22.00 | Jesse Ortiz | 12 | Medford |
| 22.00 | Godson Rufus-Okomhanru | 10 | Mounds View |
| 22.01 | Justin Kuharski | 12 | Totino-Grace |
| 22.01 | Tyler Milkes | 12 | Wayzata |
| (20) | | | |
| 22.03 | Albert Ongwenyi | 11 | Burnsville |
| 22.03 | Lucas Webber | 11 | Owatonna |
| 22.05i | Harlow Tong | 12 | St. Paul Central |
| 22.07 | Derek Guth | 11 | St. Peter |
| 22.08 | Cooper Fellman | 11 | Mounds View |
| 22.10 | Evan Maurud | 12 | Winona |
| 22.13 | Brian Schloeder | 12 | Rockford |
| 22.14 | Javon Minor | 11 | Roseville Area |
| 22.14 | Judah Zinter | 11 | Concordia Academy |
| 22.15 | Christopher Garcia-Lara | 11 | Rochester John Marshall |
| (30) | | | |
| 22.18 | Gavin Moore | 11 | Centennial |
| 22.19 | Sebastian Bari | 11 | Rochester Mayo |
| 22.19 | Del Johnson | 12 | Wayzata |
| 22.21 | Joshua Marcinkevich | 12 | Prior Lake |
| 22.22 | Caleb Anderson | 12 | White Bear Lake Area |
| 22.22 | Mason Kuchenmeister | 12 | Cretin-Derham Hall |
| 22.22 | Blake Newiger | 12 | St. Cloud Cathedral |
| 22.22 | Carter Reckelberg | 11 | Becker |
| 22.22 | Michael Douglas | 12 | Blaine |
| 22.24 | Fischer Wait | 11 | Caledonia/Spring Grove |
| (40) | | | |
| 22.24 | Jack Weigel | 11 | Maple Grove |
| 22.25 | Damarius Russell | 11 | Waseca |
| 22.25 | Kwabena Yawson | 12 | Rosemount |
| 22.27 | Hank LeClair | 12 | Little Falls |
| 22.29 | William Hairston | 12 | Minnetonka |
| 22.34 | Alvin Thomas | 12 | Champlin Park |
| 22.36 | Henry Peklo | 12 | Nova Classical Academy |
| 22.37 | Dane Olson | 11 | Alexandria |
| 22.40 | Reid Stanslaski | 12 | Robbinsdale Armstrong |
| 22.40 | Isaiah Tandoh | 12 | Ortonville |
| (50) | | | |

| | | | |
|-------|-------------------|----|-------------------------|
| 22.41 | Liam Berndt | 12 | Eden Prairie |
| 22.41 | Soel Riser | 12 | Stillwater Area |
| 22.43 | Grant Reed | 12 | Kenyon-Wanamingo-Goodhu |
| 22.44 | Grant Neururer | 12 | Forest Lake |
| 22.45 | Tate Nelson | 11 | Two Harbors |
| 22.45 | Michael Olomiyete | 12 | Blaine |
| 22.45 | Victor Ruhland | 12 | Orono |
| 22.45 | Mason Spence | 10 | Zimmerman |
| 22.46 | Damon Bye | 12 | Dover-Eyota |
| 22.47 | Payton Lee-Dean | 12 | Hastings |
| (60) | | | |
| 22.47 | Aidan Swenhausen | 11 | TMB/WWG |
| 22.47 | Joseph Taye | 10 | Shakopee |
| 22.48 | Gabe Curley | 12 | Caledonia/Spring Grove |
| 22.48 | Darius Irvin | 11 | DeLaSalle |
| 22.50 | Isaac Olson | 12 | Little Falls |
| 22.51 | Muhiz Bada | 12 | St. Michael-Albertville |
| 22.53 | Rufus Kermee | 11 | Moorhead |
| 22.54 | John Shannon | 12 | Rochester Century |
| 22.3h | Leif Shervey | 10 | United Clay/Becker |
| 22.55 | Zak Walker | 9 | Moorhead |
| (70) | | | |

400 METERS

| | | | |
|-------|-------------------|----|--------------------------|
| 46.87 | Dwyne Smith Jr. | 12 | Apple Valley |
| 46.98 | Harlow Tong | 12 | St. Paul Central |
| 47.28 | Jack Markstrom | 12 | Mound-Westonka |
| 48.10 | Albert Ongwenyi | 11 | Burnsville |
| 48.59 | Caleb Anderson | 12 | White Bear Lake Area |
| 48.72 | Cooper Drake | 10 | Edina |
| 48.73 | Soel Riser | 12 | Stillwater Area |
| 48.78 | Oliver Thompson | 11 | St. Paul Academy & SS |
| 48.89 | Darius Irvin | 11 | DeLaSalle |
| 48.90 | Henry Risser | 11 | Hopkins |
| (10) | | | |
| 49.05 | Payton Lee-Dean | 12 | Hastings |
| 49.13 | William Hairston | 12 | Minnetonka |
| 49.13 | Austin Kehr | 12 | Belle Plaine |
| 49.19 | Tate Songstad | 12 | St. Michael-Albertville |
| 49.22 | Jerry Freeman Jr. | 12 | Coon Rapids |
| 49.23 | Alvin Thomas | 12 | Champlin Park |
| 49.32 | Cooper Fellman | 11 | Mounds View |
| 49.38 | Luke Gardner | 12 | Cotter/Hope |
| 49.42 | Thomas Lamkin | 12 | Red Wing |
| 49.43 | Aaron Nelson | 11 | Shakopee |
| (20) | | | |
| 49.54 | Dominic Jenkins | 11 | Park |
| 49.56 | Aaron Peterson | 10 | Anoka |
| 49.61 | Fischer Wait | 11 | Caledonia/Spring Grove |
| 49.62 | Baylor Stebbins | 12 | Sartell |
| 49.63 | Brayden Carlson | 12 | East Grand Forks |
| 49.75 | Brandon Stark | 12 | Braingerd |
| 49.79 | James Kopfmann | 10 | Chanhassen |
| 49.82 | McKenzie Donlan | 12 | Farmington |
| 49.83 | Jonah Coleman | 10 | Kasson-Mantorville |
| 49.84 | Owen Lamb | 12 | Totino-Grace |
| (30) | | | |
| 49.85 | Damon Bye | 12 | Dover-Eyota |
| 49.92 | Gavin Vogel | 12 | Rochester Century |
| 49.93 | Pierce Petersohn | 10 | Triton |
| 49.94 | Jacob Krugerud | 12 | Waconia |
| 49.98 | Liam Berndt | 12 | Eden Prairie |
| 49.98 | Nolan Ginskey | 11 | Owatonna |
| 49.99 | Jayce Kiehne | 12 | Lanesboro-Fillmore C-M-C |
| 50.02 | Yannick Amoyi | 10 | Burnsville |
| 50.02 | Nathan Frisch | 12 | Two Rivers |
| 50.03 | Alexander Franson | 11 | Marshall |
| (40) | | | |

| | | | |
|-------|---------------------|----|----------------------------|
| 50.08 | Dominic Zoa | 12 | PACT/Legacy |
| 50.09 | Del Johnson | 12 | Wayzata |
| 50.10 | Haevian Cole | 10 | Blaine |
| 50.10 | Joaquin Jamison | 12 | Richfield |
| 50.10 | Benjamin Zimmerman | 11 | Byron |
| 50.12 | Elliott Kent | 11 | Alexandria |
| 50.14 | Cody Walker | 10 | Wabasha-Kellogg |
| 50.25 | Corbin Herron | 12 | St. Peter |
| 50.28 | Trevis Tonan | 12 | Osseo |
| 50.32 | Obiora Asogwa | 12 | East Ridge |
| (50) | | | |
| 50.32 | Keith Johnson | 12 | White Bear Lake Area |
| 50.33 | Landon Carrell | 11 | Buffalo |
| 50.33 | Musa Samneh | 12 | Richfield |
| 50.34 | Ian Lockhart | 12 | Woodbury |
| 50.38 | Joshua Marcinkevich | 12 | Prior Lake |
| 50.39 | Jackson Ganser | 12 | Rosemount |
| 50.39 | Thomas Radtke | 12 | Anoka |
| 50.41 | Matthew Adams | 11 | Wayzata |
| 50.44 | Hayes McMillan | 12 | Wayzata |
| 50.45 | Jakob Eenigenburg | 12 | St. Louis Park |
| (60) | | | |
| 50.58 | Joseph Taye | 10 | Shakopee |
| 50.60 | Blake Koenen | 12 | Eagan |
| 50.65 | Dawson Hofer | 9 | Holdingford/Upsala |
| 50.66 | Zackery Bruder | 11 | Osakis |
| 50.67 | Braycen Johnson | 12 | Forest Lake |
| 50.68 | Bjorn Anderson | 11 | Perham |
| 50.68 | Carson Heimer | 10 | Byron |
| 50.68 | Jacob Podratz | 12 | Centennial |
| 50.69 | Maeson Tank | 12 | Minnewaska Area |
| 50.71 | Gavin Atherton | 9 | Waterville-Elysian-Morrist |
| (70) | | | |

800 METERS

| | | | |
|---------|-------------------|----|--------------------------|
| 1:51.66 | Henry Risser | 11 | Hopkins |
| 1:52.62 | Hayes McMillan | 12 | Wayzata |
| 1:53.09 | Jack Leuer | 11 | Big Lake |
| 1:53.11 | Jayce Kiehne | 12 | Lanesboro-Fillmore C-M-C |
| 1:53.27 | Aaron Peterson | 10 | Anoka |
| 1:54.03 | Cade Sanvik | 12 | Osseo |
| 1:54.35 | Darby Griffin | 11 | Lakeville North |
| 1:54.54 | Bjorn Anderson | 11 | Perham |
| 1:54.68 | Jack Ulrich | 12 | Waconia |
| 1:54.81 | Tate Goergen | 9 | GMLOKS |
| (10) | | | |
| 1:54.95 | Noah Daniel | 11 | Eagan |
| 1:55.13 | Jack Markstrom | 12 | Mound-Westonka |
| 1:55.21 | Ryan Fick | 12 | Luverne |
| 1:55.27 | Evan Koerber | 12 | Blaine |
| 1:55.76 | Luke Fehrenbacher | 11 | Spring Lake Park |
| 1:55.96 | Owen Layton | 12 | Big Lake-MN |
| 1:55.97 | Brandon Stark | 12 | Braingerd |
| 1:56.00 | Jaden Miller | 11 | Fergus Falls |
| 1:56.02 | William Ahrens | 11 | Redwood Valley |
| 1:56.14 | Will Weber | 11 | Wayzata |
| (20) | | | |
| 1:56.15 | Matthew Lindgren | 11 | Totino-Grace |
| 1:56.49 | Jake Heimkes | 12 | Eden Prairie |
| 1:56.49 | Tyler Kissell | 12 | Wayzata |
| 1:56.53 | Aidan Stoltz | 12 | Hastings |
| 1:56.59 | Ryan Fries | 12 | Minnetonka |
| 1:56.61 | Joseph Guthrie | 12 | Upsala/Swanville |
| 1:56.74 | Benjamin Batalden | 12 | Minneapolis Southwest |
| 1:56.80 | Sawyer Rueckert | 12 | Elk River |
| 1:56.89 | Drew Just | 10 | Minneapolis Washburn |
| 1:57.14 | Elijah Magare | 11 | Eden Prairie |
| (30) | | | |
| 1:57.23 | Josh Leibfried | 11 | Marshall |

| | | | | | | | |
|---------|-------------------|----|---------------------------|---------|-------------------|----|-------------------------|
| 1:57.24 | Jackson Henkels | 11 | Mankato East | 4:18.32 | Luke Scholtes | 12 | Mankato East |
| 1:57.38 | Nolan Sutter | 12 | Chaska | 4:18.42 | Josh Leibfried | 11 | Marshall |
| 1:57.43 | Forrest Noeske | 12 | Bloomington Jefferson | 4:18.74 | Andrew Schultz | 12 | Rosemount |
| 1:57.49 | Ty Brouwer | 12 | Monticello | 4:18.92 | Sully Anez | 11 | Willmar |
| 1:57.49 | Lloyd Laninga | 11 | Minnetonka | 4:18.99 | William Ahrens | 11 | Redwood Valley |
| 1:57.50 | James McArdle | 9 | Forest Lake | 4:19.39 | Jack Sorenson | 11 | Owatonna |
| 1:57.59 | Lev Dougherty | 10 | Providence Academy | 4:19.42 | Cayden Stoner | 12 | Mounds View |
| 1:57.64 | Jameson Drieslein | 12 | Eden Prairie | 4:19.51 | Matthew Lindgren | 11 | Totino-Grace |
| 1:57.69 | Will Termont | 12 | Bemidji | (30) | | | |
| (40) | | | | 4:19.99 | Owen Stuwe | 10 | Shakopee |
| 1:57.70 | Ryan Prinsen | 12 | Rushford-Peterson/Houston | 4:20.13 | Owen Chapman | 11 | Orono |
| 1:57.75 | Wyatt Wercinski | 12 | Southwest Christian | 4:20.79 | Tyler Flippen | 9 | Andover |
| 1:57.77 | Jon Wollan | 12 | Two Rivers | 4:20.96 | Lev Dougherty | 10 | Providence Academy |
| 1:57.84 | Kody Wassman | 12 | Mt. Lake Area - Comfrey | 4:21.04 | Vaughn Larson | 11 | White Bear Lake Area |
| 1:57.86 | Elijah Donaldson | 11 | Eden Prairie | 4:21.08 | Max Salas | 11 | St. Michael-Albertville |
| 1:57.88 | Nathan Schultz | 12 | East Ridge | 4:21.37 | Garrett Seppanen | 12 | St. Paul Como Park |
| 1:57.97 | Ian Lage | 10 | Waconia | 4:21.45 | Jack Leuer | 11 | Big Lake |
| 1:58.04 | Evan MacLean | 12 | Mankato East | 4:21.63 | Owen Janiszski | 11 | Luverne |
| 1:58.08 | Owen Sampson | 8 | Eastview | 4:21.63 | Charlie Larson | 11 | Pelican Rapids |
| 1:58.10 | Ethan Foote | 12 | Stillwater Area | (40) | | | |
| (50) | | | | 4:21.83 | Benjamin Batalden | 12 | Minneapolis Southwest |
| 1:58.11 | Tyler Flippen | 9 | Andover | 4:21.90 | Will Termont | 12 | Bemidji |
| 1:58.14 | Asher Compton | 11 | Mounds View | 4:22.11 | Aaron Peterson | 10 | Anoka |
| 1:58.17 | Levi Hammerbeck | 12 | Mounds View | 4:22.19 | Hayes McMillan | 12 | Wayzata |
| 1:58.19 | Luke Rosholt | 12 | Duluth Denfeld | 4:22.27 | Chase Altergott | 12 | Lakeville North |
| 1:58.22 | Charlie Larson | 11 | Pelican Rapids | 4:22.52 | Owen Johnson | 12 | Lakeville South |
| 1:58.34 | Finn Christiansen | 12 | Minnehaha Academy | 4:22.75 | Aidan Gomes | 12 | Andover |
| 1:58.35 | Makai Bates | 11 | Minnehaha Academy | 4:23.04 | Charles Hibbs | 12 | Champlin Park |
| 1:58.36 | Gannon Farrens | 11 | Maple Grove | 4:23.11 | Ephraim Staley | 10 | Mankato West |
| 1:58.39 | Isaiah Anderson | 12 | Mankato East | 4:23.27 | Jack Nelson | 12 | West Lutheran |
| 1:58.43 | Andrew Shepherd | 10 | Cloquet | (50) | | | |
| (60) | | | | 4:23.28 | Ty Brouwer | 12 | Monticello |
| 1:58.48 | Samuel Deutz | 10 | Marshall | 4:23.30 | Justin Kroeze | 12 | Avail Academy |
| 1:58.55 | Salman Mohamed | 12 | Champlin Park | 4:24.01 | Quinn Froats | 12 | Shakopee |
| 1:58.56 | Landon Hering | 12 | Hopkins | 4:24.09 | Alexander Haag | 11 | Wayzata |
| 1:58.64 | Hootie Hage | 12 | Prior Lake | 4:24.33 | Wesley Wistrom | 11 | Buffalo |
| 1:58.69 | Domanic Wolle | 12 | Mankato East | 4:24.35 | Noah Huot | 12 | Park Rapids Area |
| 1:58.72 | Samuel Geer | 11 | Mounds View | 4:24.40 | Fanuel Wolday | 11 | Worthington |
| 1:58.82 | Ethan Wilske | 10 | Eagan | 4:24.42 | Zachary Danielson | 11 | Edina |
| 1:58.89 | Luke Scholtes | 12 | Mankato East | 4:24.47 | Luke Williams | 12 | White Bear Lake Area |
| 1:58.91 | Ryan Soenen | 12 | East Ridge | 4:24.90 | Eddie Snider | 11 | Mounds Park Academy |
| 1:58.93 | Patrick Altstatt | 10 | Bloomington Jefferson | (60) | | | |
| (70) | | | | 4:24.93 | Jacob Pfothenauer | 11 | West Lutheran |
| | | | | 4:25.02 | Ryan Fries | 12 | Minnetonka |
| | | | | 4:25.05 | Caleb Dickel | 11 | Minneapolis Washburn |
| | | | | 4:25.05 | Brenden Sylvester | 10 | Grand Rapids |
| | | | | 4:25.17 | Biruk Killeen | 11 | Chisago Lakes |
| | | | | 4:25.29 | Audi Thom | 11 | Mankato East |
| | | | | 4:25.78 | Dylan Riniker | 11 | Stillwater Area |
| | | | | 4:25.82 | Will Eckes | 12 | Blake |
| | | | | 4:26.03 | Owen Hirt | 12 | Orono |
| | | | | 4:26.13 | David Obst | 10 | Kasson-Mantorville |
| | | | | (70) | | | |

1600 METERS

| | | | |
|---------|-----------------|----|-----------------------|
| 4:08.89 | Robert Mechura | 11 | Roseville Area |
| 4:11.60 | Nolan Sutter | 12 | Chaska |
| 4:13.36 | Ethan Foote | 12 | Stillwater Area |
| 4:13.54 | Owen Layton | 12 | Big Lake |
| 4:14.37 | Bjorn Anderson | 11 | Perham |
| 4:14.48 | Sam Scott | 12 | Minneapolis Southwest |
| 4:14.87 | Sal Wirth | 11 | Annandale |
| 4:14.90 | Isaiah Anderson | 12 | Mankato East |
| 4:15.08 | Sean Fries | 10 | Minnetonka |
| 4:15.23 | Tyler Kissell | 12 | Wayzata |
| (10) | | | |
| 4:15.30 | Will Weber | 11 | Wayzata |
| 4:15.32 | River Santiago | 12 | Blaine |
| 4:15.79 | Nathan Schultz | 12 | East Ridge |
| 4:16.19 | Hootie Hage | 12 | Prior Lake |
| 4:16.30 | Will Just | 12 | Minneapolis Washburn |
| 4:16.74 | Jace Haerter | 11 | Edina |
| 4:16.91 | Tyler Vos | 12 | Minnetonka |
| 4:17.26 | Landon Hering | 12 | Hopkins |
| 4:17.35 | Casey Poppler | 11 | Mounds View |
| 4:17.77 | Cade Sanvik | 12 | Osseo |
| (20) | | | |
| 4:17.88 | Levi Hammerbeck | 12 | Mounds View |
| 4:18.17 | Eli Hall | 12 | Pequot Lakes |

3200 METERS

| | | | |
|---------|-----------------|----|-----------------------|
| 8:52.22 | Robert Mechura | 11 | Roseville Area |
| 9:04.98 | Sal Wirth | 11 | Annandale |
| 9:05.37 | Sam Scott | 12 | Minneapolis Southwest |
| 9:07.46 | Nolan Sutter | 12 | Chaska |
| 9:08.47 | Eli Hall | 12 | Pequot Lakes |
| 9:09.23 | Will Weber | 11 | Wayzata |
| 9:12.13 | Jace Haerter | 11 | Edina |
| 9:13.24 | Isaiah Anderson | 12 | Mankato East |
| 9:13.49 | Owen Stuwe | 10 | Shakopee |
| 9:14.13 | Owen Layton | 12 | Big Lake |
| (10) | | | |
| 9:14.40 | Tyler Vos | 12 | Minnetonka |
| 9:14.63 | Landon Hering | 12 | Hopkins |
| 9:14.86 | Sean Fries | 10 | Minnetonka |

| | | | | | | | |
|-------------------------|---------------------|----|-------------------------|-------|----------------------|----|-----------------------------|
| 9:15.74 | Tyler Kissell | 12 | Wayzata | 14.20 | Maki Whelan | 12 | Rosemount |
| 9:15.92 | Andrew Schultz | 12 | Rosemount | 14.23 | Linton McPherson | 12 | Osseo |
| 9:18.51 | Aidan Gomes | 12 | Andover | 14.31 | David Allred | 12 | Minnetonka |
| 9:18.80 | Will Just | 12 | Minneapolis Washburn | 14.31 | Afanna Ibekwe | 11 | Anoka |
| 9:18.81 | River Santiago | 12 | Blaine | 14.33 | Carter Holcomb | 12 | Rochester Mayo |
| 9:19.26 | Sully Anez | 11 | Willmar | 14.34 | Barak Barner | 11 | Faribault |
| 9:19.65 | Nathan Schultz | 12 | East Ridge | (10) | | | |
| (20) | | | | 14.37 | Khalil Kaba | 12 | Edina |
| 9:21.42 | Owen Chapman | 11 | Orono | 14.45 | Max Miley | 11 | Maple Grove |
| 9:21.80 | Bjorn Anderson | 11 | Perham | 14.51 | Isaiah Wilson | 11 | Simley |
| 9:22.15 | Hootie Hage | 12 | Prior Lake | 14.54 | Owen Angell | 11 | Becker |
| 9:22.63 | Erik Semling | 8 | Cotter/Hope | 14.65 | Lorenzo Hampton III | 10 | Fridley |
| 9:23.76 | Dylan Riniker | 11 | Stillwater Area | 14.67 | Christopher Hilton | 11 | St. Charles |
| 9:24.51 | Casey Poppler | 11 | Mounds View | 14.70 | Cody Evers | 12 | Proctor |
| 9:24.65 | Ethan Foote | 12 | Stillwater Area | 14.74 | Ezra May | 11 | Minnehaha Academy |
| 9:26.11 | Elijah Donaldson | 11 | Eden Prairie | 14.77 | Hayden Brown | 12 | Howard Lake-Waverly-Winst |
| 9:26.49 | Cade Sanvik | 12 | Osseo | 14.78 | Deion Prolo | 11 | Winona |
| 9:26.75 | Charles Hibbs | 12 | Champlin Park | (20) | | | |
| (30) | | | | 14.79 | Reid Olson | 12 | Forest Lake |
| 9:27.78 | Luke Scholtes | 12 | Mankato East | 14.83 | Otto Anderson | 11 | Alexandria |
| 9:29.29 | Jack Leuer | 11 | Big Lake | 14.83 | Logan Swanson | 11 | Concordia Academy |
| 9:30.56 | Garrett Seppanen | 12 | St. Paul Como Park | 14.87 | Grayson Gibson | 10 | Morris Area/Chokio-Alberta |
| 9:30.65 | Vaughn Larson | 11 | White Bear Lake Area | 14.87 | Carter Johnson | 12 | Faribault |
| 9:31.21 | Fanuel Wolday | 11 | Worthington | 14.88 | Tyler Christianson | 12 | Lakeville North |
| 9:31.95 | Eddie Snider | 11 | Mounds Park Academy | 14.88 | Jacob Ochsendorf | 12 | Montevideo |
| 9:32.23 | Eduard Levin | 12 | Eastview | 14.91 | Blake Stephens | 12 | Redwood Valley |
| 9:32.28 | Caleb Dickel | 11 | Minneapolis Washburn | 14.95 | Tyler Botz | 12 | Eagan |
| 9:33.38 | Quinlan Rundquist | 11 | Osseo | 14.98 | Aaron Plunkett | 11 | Faribault |
| 9:33.71 | Dayton Clobes | 10 | Mankato East | (30) | | | |
| (40) | | | | 14.99 | Wyatt Genelin | 11 | LeSueur-Henderson/MNCS |
| 9:34.08 | Cayden Stoner | 12 | Mounds View | 15.04 | Devon Bragg | 12 | Princeton |
| 9:35.36 | Max Salas | 11 | St. Michael-Albertville | 15.06 | Isaiah Magee | 12 | Roseville Area |
| 9:35.47 | Gabe Hallen | 10 | Orono | 15.11 | Michael Seifu | 11 | Cretin-Derham Hall |
| 9:35.99 | Will Termont | 12 | Bemidji | 15.11 | Michael Strong | 11 | Totino-Grace |
| 9:36.20 | Jack Sorenson | 11 | Owatonna | 15.12 | Harper Dickinson | 11 | North St. Paul |
| 9:36.36 | Owen Kalmes | 11 | Mounds View | 15.13 | James Weber | 12 | Lac qui Parle Valley/D-B |
| 9:36.39 | Luke Williams | 12 | White Bear Lake Area | 15.20 | Nathan Boettner | 12 | Prior Lake |
| 9:36.90 | Jack Nelson | 12 | West Lutheran | 15.22 | Q Barnslater | 10 | Apple Valley |
| 9:37.00 | Carter Hering | 9 | Hopkins | 15.23 | Garrett Schmidt | 12 | G-F-W |
| 9:37.16 | Zachary Danielson | 11 | Edina | (40) | | | |
| (50) | | | | 15.23 | William Sportel | 12 | Willmar |
| 9:37.47 | Jackson Kendall | 11 | Rock Ridge | 15.25 | LaVie Freeman | 12 | Robbinsdale Armstrong |
| 9:37.98 | Austin Liebl | 12 | Moorhead | 15.25 | Kyle Peterson | 11 | Brainerd |
| 9:38.00 | Andrew Walsh | 11 | Stillwater Area | 15.26 | Erik Asplin | 12 | Dassel-Cokato |
| 9:38.63 | Biruk Killeen | 11 | Chisago Lakes | 15.26 | Jared Hanson | 12 | Hastings |
| 9:38.82 | Dexter Huss | 11 | Buffalo | 15.29 | Brant Blosser | 11 | United South Central/Aldn-C |
| 9:39.18 | Niklas Abrahamson | 10 | Simley | 15.29 | Will Kaesermann | 12 | Minnesota Valley Lutheran |
| 9:39.75 | Brenden Sylvester | 10 | Grand Rapids | 15.29 | Samuel Soto | 10 | Irondale |
| 9:40.50 | Soren Bortnem | 12 | Dassel-Cokato | 15.29 | Shae Wyszynski | 12 | Andover |
| 9:40.80 | Gus Ueland | 11 | Minneapolis Southwest | 15.30 | Davandre Campbell | 12 | Blake |
| 9:42.35 | Jameson Guertin | 10 | Minneapolis Washburn | (50) | | | |
| (60) | | | | 15.30 | CJ Tree | 12 | Pine Island |
| 9:42.75 | Josh Leibfried | 11 | Marshall | 15.30 | Henry North | 12 | East Ridge |
| 9:43.22 | Leo Lohnes | 11 | Winona | 15.32 | Tate Bloch | 12 | Eden Prairie |
| 9:43.29 | David Obst | 10 | Kasson-Mantorville | 15.33 | Matthew Rivera | 10 | Blaine |
| 9:43.92 | Daniel McCollor | 12 | Wayzata | 15.33 | Gavin Sales | 10 | Holdingford/Upsala |
| 9:44.90 | Nick Hansen | 12 | St. John's Prep | 15.34 | Caleb Monseth | 11 | St. Michael-Albertville |
| 9:45.23 | Owen Janiszkeski | 11 | Luverne | 15.34 | William Tuttle | 12 | New Richland-H-E-G |
| 9:46.30 | Channing Goodwin | 9 | Rosemount | 15.34 | Micah Wilson | 12 | Cambridge-Isanti |
| 9:46.33 | Quinn Froats | 12 | Shakopee | 15.35 | Chiwetaramonu Attama | 12 | Osseo |
| 9:46.52 | Quinn Keyes | 11 | Two Rivers | 15.36 | Noah Weekes | 12 | St. Cloud Apollo |
| 9:46.56 | Liam Caldwell | 10 | Math & Science Academy | (60) | | | |
| (70) | | | | 15.40 | Ben Mugisa | 10 | Mounds View |
| 110 HIGH HURDLES | | | | 15.43 | Hudson Brandt | 11 | Moorhead |
| 13.97 | Jonah McCormick | 12 | Mahtomedi | 15.44 | Mustafa El-huni | 12 | Edina |
| 13.98 | Seth Johnson | 11 | Owatonna | 15.45 | Samuel Williams | 12 | Alexandria |
| 14.10 | Corbin Herron | 12 | St. Peter | 15.45 | Riley Wilson | 12 | Cambridge-Isanti |
| 14.13 | Joshua Kyei-baffour | 11 | Rochester Century | 15.49 | Kade Swenson | 11 | Dilworth-Glyndon-Felton |
| | | | | 15.51 | Carl Anderson | 12 | Andover |

15.51 Hayden Hauf 11 Dilworth-Glyndon-Felton
 15.52 Jackson Metzger 12 Jordan
 15.53 Quintin Betthausen 11 Rushford-Peterson/Houston
 (70)

300 INTERMEDIATE HURDLES

37.66 Lorenzo Hampton III 10 Fridley
 38.00 Otto Anderson 11 Alexandria
 38.00 Maki Whelan 12 Rosemount
 38.24 Jonah McCormick 12 Mahtomedi
 38.30 Seth Johnson 11 Owatonna
 38.48 Tyler Christianson 12 Lakeville North
 38.60 Carter Holcomb 12 Rochester Mayo
 38.76 Corbin Herron 12 St. Peter
 38.91 Owen Angell 11 Becker
 38.94 Reid Olson 12 Forest Lake
 (10)
 38.95 Shae Wyszynski 12 Andover
 38.96 Cristian Escobar 12 Faribault
 38.96 Linton McPherson 12 Osseo
 39.10 Cameron Pease 12 Proctor
 39.24 Grant Heim 12 Providence Academy
 39.32 Afanna Ibekwe 11 Anoka
 39.39 David Allred 12 Minnetonka
 39.43 Michael Seifu 11 Cretin-Derham Hall
 39.55 Ryan Richardson 12 Monticello
 39.59 Brady Paulson 11 Spring Lake Park
 (20)
 39.73 Jared Hanson 12 Hastings
 39.80 Tate Bloch 12 Eden Prairie
 39.86 Owen Meulebroeck 11 Minnewaska Area
 39.98 Joren Rudzitis 12 PACT/Legacy
 39.98 William Sportel 12 Willmar
 40.03 James Weber 12 Lac qui Parle Valley/D-B
 40.11 Andrew Jones 10 Osakis
 40.14 Colin Hokanson 11 Shakopee
 40.15 Zachary Schmidt 12 Chaska
 40.16 Judah Zinter 11 Concordia Academy
 (30)
 40.19 Brody Rothe 11 North Branch Area
 40.29 Tomi Animasaun 10 White Bear Lake Area
 40.30 Cade Swenhaugen 11 TMB/WWG
 40.30 Lawrence Walker 12 Moorhead
 40.32 Brenden Sexton 11 Mound-Westonka
 40.32 Trevor Stundahl 11 Orono
 40.33 Jacob Sterk 12 St. Michael-Albertville
 40.34 Carter Johnson 12 Faribault
 40.36 Mustafa El-huni 12 Edina
 40.44 Zaron Irby 12 Minnehaha Academy
 (40)
 40.45 Max Miley 11 Maple Grove
 40.45 Matthew Rivera 10 Blaine
 40.49 Owen Halvorson 10 Jordan
 40.49 Aidan Schuerman 10 Marshall
 40.51 Keynan Allee 10 Maple Grove
 40.55 Benjamin Paulsen 12 Chisago Lakes
 40.56 Silas Van Essen 10 SW MN Christian / Edgerton
 40.57 CJ Tree 12 Pine Island
 40.60 Aaron Plunkett 11 Faribault
 40.63 Alan Thomas 11 Shakopee
 (50)
 40.65 Riley Wilson 12 Cambridge-Isanti
 40.67 Kavari Flowers 10 Rosemount
 40.72 Erik Asplin 12 Dassel-Cokato
 40.73 Quintin Betthausen 11 Rushford-Peterson/Houston
 40.73 Samuel Soto 10 Irondale
 40.74 Nathan Boettner 12 Prior Lake
 40.74 Kyle Frendt 11 East Ridge
 40.76 Christopher Hilton 11 St. Charles

40.77 Isaiah Cabeen 11 Austin
 40.87 Tylan Ward 10 Apple Valley
 (60)
 40.88 Isaac Clark 11 Hastings
 40.93 Kelvin Vaye 11 Hopkins
 40.94 Davandre Campbell 11 Blake
 40.97 Charlie Robb 11 Mounds View
 40.98 Levi Ruyle 11 Eastview
 40.99 Chiwetaramonu Attama 12 Osseo
 41.00 Loic Djitsa 10 Coon Rapids
 41.00 Joshua Kyei-baffour 11 Rochester Century
 41.01 Zadok Dodoo 10 Chanhassen
 41.04 Yurem Kosgei 10 Mankato East
 (70)

4 X 100 METER RELAY

41.56 Minnetonka (Ibrahim, Williams, Giebenhain, Hairston)
 41.73 Rochester Mayo
 41.82 Eagan
 42.07 Winona
 42.10 Rosemount
 42.12 Alexandria
 42.35 Lakeville South
 42.36 Blaine
 42.45 Monticello
 42.48 Fridley
 (10)
 42.53 Shakopee
 42.56 Moorhead
 42.58 Saint Thomas Academy
 42.66 Mankato West
 42.68 Mankato East
 42.71 Maple Grove
 42.73 Buffalo
 42.75 Caledonia/Spring Grove
 42.77 Elk River
 42.81 Irondale
 (20)
 42.81 Mounds View
 42.84 Edina
 42.86 Woodbury
 42.87 Stewartville
 42.89 Anoka
 42.90 Roseville Area
 42.96 Stillwater
 42.96 DeLaSalle
 43.00 Faribault
 43.03 Mound-Westonka
 (30)
 43.07 Eden Prairie
 43.09 Princeton
 43.10 Waseca
 43.12 Forest Lake Area
 43.13 Saint Cloud Tech
 43.13 Burnsville
 43.14 Coon Rapids
 43.16 Little Falls
 43.23 Howard Lake-Waverly-Winsted
 43.23 Rochester Century
 (40)
 43.28 Blake
 43.30 Andover
 43.31 Rochester John Marshall
 43.36 Saint Peter
 43.36 Two Rivers
 43.39 White Bear Lake
 43.41 Champlin Park
 43.44 Rock Ridge
 43.44 Prior Lake

43.57 Hopkins
 (50)
 43.59 Lakeville North
 43.60 Hastings
 43.61 Farmington
 43.64 Detroit Lakes
 43.65 Sauk Centre
 43.65 Eastview
 43.72 Brainerd
 43.73 Minnehaha Academy
 43.74 Saint Louis Park
 43.75 Saint Michael-Albertville
 (60)
 43.75 Apple Valley
 43.78 Northfield
 43.81 New Prague
 43.83 Bloomington Kennedy
 43.83 Pine Island
 43.84 Moose Lake
 43.85 Robbinsdale Cooper
 43.88 Rockford
 43.90 Wayzata
 43.91 Red Wing
 (70)

4 X 200 METER RELAY

1:26.37 Owatonna (G Karsten, N Ginskey, L Webber, K Larson)
 1:27.10 Mounds View
 1:27.55 Saint Michael-Albertville
 1:27.71 Mound-Westonka
 1:27.81 Edina
 1:27.84 Coon Rapids
 1:27.90 Blaine
 1:28.19 Shakopee
 1:28.39 Saint Peter
 1:28.42 Rochester Century
 (10)
 1:28.43 Robbinsdale Armstrong
 1:28.49 Minnetonka
 1:28.53 Chaska
 1:28.66 Alexandria
 1:28.71 Stillwater
 1:28.84 Roseville Area
 1:28.91 Northfield
 1:28.94 Eagan
 1:28.99 Mankato West
 1:29.01 Hastings
 (20)
 1:29.03 Wayzata
 1:29.05 Farmington
 1:29.11 Forest Lake Area
 1:29.12 Burnsville
 1:29.18 Saint Cloud Tech
 1:29.28 Caledonia/Spring Grove
 1:29.32 Little Falls
 1:29.34 Moorhead
 1:29.35 Mankato East
 1:29.42 Woodbury
 (30)
 1:29.45 Stewartville
 1:29.46 Osseo
 1:29.50 Rosemount
 1:29.56 Faribault
 1:29.67 DeLaSalle
 1:29.91 Andover
 1:29.94 Champlin Park
 1:30.02 Saint Thomas Academy
 1:30.08 Rochester Mayo
 1:30.09 Rock Ridge

(40)
 1:30.15 Orono
 1:30.26 Monticello
 1:30.50 Esko
 1:30.54 Saint Cloud Cathedral
 1:30.54 Centennial
 1:30.82 Byron
 1:30.82 Elk River
 1:30.85 Maple Grove
 1:30.91 Dilworth-Glyndon-Felton
 1:30.92 Park
 (50)
 1:31.01 Moose Lake
 1:31.17 Pine Island
 1:31.18 Litchfield
 1:31.19 Lakeville South
 1:31.21 Minnewaska Area
 1:31.23 Crosby-Ironton
 1:31.31 Proctor
 1:31.33 Richfield
 1:31.35 Mahtomedi
 1:31.37 Cotter Schools
 (60)
 1:31.40 Saint Croix Lutheran
 1:31.42 Hopkins
 1:31.46 Holdingford
 1:31.53 Prior Lake
 1:31.73 Spring Lake Park
 1:31.75 East Grand Forks
 1:31.79 Saint Louis Park
 1:31.82 Hope Lutheran
 1:31.82 Osakis
 1:31.91 Holy Family Catholic
 (70)

4 X 400 METER RELAY

3:18.73 Mounds View (Rufus-Okomhanru, Zhao, Koons, Fellman)
 3:18.94 Chaska
 3:19.45 Wayzata
 3:19.64 Minnetonka
 3:21.70 Rosemount
 3:22.78 Rochester Century
 3:22.80 Crosby-Ironton
 3:22.80 Stillwater
 3:22.80 Eagan
 3:23.80 Saint Michael-Albertville
 (10)
 3:23.81 Cotter Schools
 3:23.82 Mankato West
 3:23.86 Maple Grove
 3:24.12 Saint Croix Lutheran
 3:24.20 East Ridge
 3:24.27 Lakeville North
 3:24.28 Osseo
 3:24.86 Coon Rapids
 3:24.98 Marshall
 3:25.28 Shakopee
 (20)
 3:25.32 Centennial
 3:25.52 Eden Prairie
 3:25.65 Mankato East
 3:25.69 Totino-Grace
 3:25.73 Alexandria
 3:25.79 Byron
 3:25.94 Anoka
 3:25.96 Farmington
 3:25.97 Holdingford
 3:26.12 Fillmore Central
 (30)

3:26.13 Southwest Minnesota Christian
 3:26.29 Winona
 3:26.30 Hastings
 3:26.34 Edina
 3:26.37 Two Rivers
 3:26.37 Proctor
 3:26.49 Lanesboro
 3:26.58 Hope Lutheran
 3:26.58 Waconia
 3:26.58 Minnehaha Academy
 (40)
 3:26.62 Faribault
 3:26.67 Belle Plaine
 3:26.70 Apple Valley
 3:26.76 Hopkins
 3:26.97 Saint Paul Central
 3:26.99 Owatonna
 3:27.06 Saint Thomas Academy
 3:27.12 Champlin Park
 3:27.15 Saint John's Preparatory School
 3:27.24 Stewartville
 (50)
 3:27.67 Forest Lake Area
 3:27.70 Monticello
 3:27.94 Big Lake
 3:28.07 Mound-Westonka
 3:28.23 Fairmont
 3:28.24 Woodbury
 3:28.73 Northfield
 3:28.80 Saint Paul Academy and Summit School
 3:28.85 Mahtomedi
 3:28.89 Sartell-Saint Stephen
 (60)
 3:28.90 Rochester Mayo
 3:29.02 Saint Cloud Cathedral
 3:29.54 Luverne
 3:29.77 Saint Croix Preparatory Academy
 3:29.89 Windom Area
 3:29.99 Perham
 3:30.21 Buffalo
 3:30.51 White Bear Lake
 3:30.57 Breck
 3:30.60 Minnesota Valley Lutheran
 (70)

4 X 800 METER RELAY

7:53.17 Osseo (Runquist, Peter, B Sandvik, C Sandvik)
 7:53.88 Lakeville North
 7:54.17 Mankato East
 7:54.55 Blaine
 7:55.62 Andover
 7:55.63 Mounds View
 7:55.71 Eden Prairie
 7:56.18 Lakeville South
 7:56.55 Champlin Park
 7:56.70 Wayzata
 (10)
 7:57.06 Anoka
 7:57.31 Buffalo
 7:57.33 Stillwater
 7:58.60 Shakopee
 7:59.75 Bemidji
 8:00.75 Minnetonka
 8:01.27 Orono
 8:02.36 Moorhead
 8:02.44 Two Rivers
 8:02.52 Edina
 (20)
 8:02.55 Brainerd

8:02.86 Marshall
 8:03.65 Woodbury
 8:04.22 Maple Grove
 8:04.22 Winona
 8:04.68 Rochester Mayo
 8:05.10 Rosemount
 8:05.11 Bertha-Hewitt
 8:05.28 Saint Thomas Academy
 8:06.51 Minneapolis Southwest
 (30)
 8:07.22 Cambridge-Isanti
 8:07.94 Sauk Centre
 8:08.13 Mountain Lake Area
 8:08.56 White Bear Lake
 8:08.58 Rocori
 8:09.22 Forest Lake Area
 8:09.90 Becker
 8:10.64 Albany
 8:11.04 Fergus Falls
 8:11.53 Saint Louis Park
 (40)
 8:11.58 Eagan
 8:12.52 Luverne
 8:12.68 Farmington
 8:13.33 Belle Plaine
 8:13.87 Pine Island
 8:14.46 Pine City
 8:14.70 Delano
 8:15.27 Trinity School at River Ridge
 8:15.58 Saint Croix Lutheran
 8:16.50 Windom Area
 (50)
 8:17.14 Cloquet
 8:17.15 Albert Lea
 8:17.16 Lake City
 8:17.31 Chaska
 8:17.94 Park Rapids Area
 8:19.81 Redwood Valley
 8:19.97 Hastings
 8:20.02 Montevideo
 8:20.25 Prior Lake
 8:20.44 Rock Ridge
 (60)
 8:20.58 Northfield
 8:20.69 Eastview
 8:21.30 Bloomington Jefferson
 8:21.34 Saint John's Preparatory School
 8:21.37 Centennial
 8:21.82 Sleepy Eye
 8:21.85 Perham
 8:22.34 Apple Valley
 8:22.35 Saint Paul Central
 8:22.40 Saint Paul Highland Park
 (70)

FIELD EVENTS - 2024

SHOT PUT

| | | | |
|------------|------------------|----|---------------|
| 62' 10.5" | Dylan Gross | 12 | Brainerd |
| 59' 4.5" | Grady Minnerath | 12 | Rocori |
| 59' 2.75" | TJ Christensen | 12 | Litchfield |
| 59' 1.75" | Josiah Zilmer | 12 | Rockford |
| 59' 0.25" | Howie Johnson | 10 | Forest Lake |
| 58' 2.5" | Emmanuel Wilson | 12 | Wayzata |
| 57' 8" | Francis O'Malley | 12 | Montevideo |
| 57' 5.25" | Emerson Mandell | 12 | Irondale |
| 56' 10.25" | Mason Carrier | 12 | Detroit Lakes |
| 56' 9.5" | Sam Dennis | 12 | Coon Rapids |

(10)

| | | | | | | | |
|------------|----------------------|----|---------------------------|---------------------|----------------------|----|---------------------------|
| 56' 8.25" | Timmy Ball | 12 | Centennial | DISCUS THROW | | | |
| 56' 6" | Ryan Babatz | 11 | Buffalo | 189' 1" | Luke Banks | 11 | St. Peter |
| 55' 6.5" | Adam Hanson | 10 | Rosemount | 184' 8" | TJ Christensen | 12 | Litchfield |
| 55' 4" | Ashton Kisch | 12 | Plainview-Elgin-Millville | 184' 6" | Dylan Gross | 12 | Brainerd |
| 54' 6.75" | Isaac Cariveau | 12 | Detroit Lakes | 179' 1" | Josiah Zilmer | 12 | Rockford |
| 54' 6" | Luke Banks | 11 | St. Peter | 177' 8" | Timmy Ball | 12 | Centennial |
| 54' 2.5" | Jacob Dietel | 12 | Litchfield | 177' 6" | Luke Van Oort | 12 | Mounds View |
| 54' 1.5" | Zachary Vanderpool | 12 | Byron | 174' 1" | Elijah Hagen | 12 | Jordan |
| 53' 9.5" | Carter Schwartz | 9 | Mankato East | 171' 9" | Ashton Kisch | 12 | Plainview-Elgin-Millville |
| 53' 4.75" | Tyler Curnow | 10 | Stillwater Area | 171' 2" | Jordan Tornstrom | 12 | Caledonia/Spring Grove |
| (20) | | | | 170' 8" | Justin Jacobson | 12 | Pelican Rapids |
| 53' 2.5" | Hunter Kallstrom | 12 | Benson/KMS | (10) | | | |
| 53' 1" | Dane Borene | 12 | Blake | 167' 8" | William Riddel | 11 | Rosemount |
| 52' 10" | Luke Pappas | 11 | Robbinsdale Armstrong | 166' 10" | Lawson Greene | 12 | Detroit Lakes |
| 52' 9.5" | Ridge Hatz | 11 | Stewartville | 166' 9" | Ridge Hatz | 11 | Stewartville |
| 52' 5.5" | Evan Uddin | 10 | Stillwater Area | 166' 5" | Evan Mendoza | 10 | Robbinsdale Armstrong |
| 52' 4" | Aiden Shepherd | 12 | Hibbing | 166' 3" | Zak McPhee | 12 | Proctor |
| 52' 3.5" | Elijah Hagen | 12 | Jordan | 166' 0" | Tyler Curnow | 10 | Stillwater Area |
| 52' 3" | Elijah Thompson | 12 | Rochester Century | 165' 7" | Will Roth | 12 | Rochester Lourdes |
| 52' 1.75" | Anthony Palmer | 10 | Minneapolis North Com | 165' 1" | Francis O'Malley | 12 | Montevideo |
| 51' 11.5" | Mathias Sengsouvanha | 12 | Woodbury | 163' 7" | Ian Holland | 9 | Lakeville South |
| (30) | | | | 163' 7" | Thomas Red Wing | 12 | Holy Family Catholic |
| 51' 9" | Messi Kalenda | 11 | East Grand Forks | (20) | | | |
| 51' 8.75" | Aidan Kough | 12 | Rosemount | 162' 1" | Alex Johnson | 12 | G-F-W |
| 51' 6.25" | Anton Kadlec | 12 | Hutchinson | 162' 1" | Samuel Ruid | 11 | St. Francis |
| 51' 6" | Blake Schiltz | 11 | Pine Island | 161' 11" | Mathias Sengsouvanha | 12 | Woodbury |
| 51' 3" | Derek Christenson | 12 | Wayzata | 161' 7" | David Schiller | 12 | Bloomington Jefferson |
| 51' 2" | David Schiller | 12 | Bloomington Jefferson | 161' 4" | Emerson Mandell | 12 | Irondale |
| 51' 1.5" | Mason Wozny | 12 | Shakopee | 160' 9" | Owen Peterson | 12 | Eden Prairie |
| 51' 0.5" | Landin Nelson | 12 | Mankato West | 159' 8" | Sam Dennis | 12 | Coon Rapids |
| 51' 0.5" | Cody Swanson | 12 | Byron | 159' 3" | Michael Bruggers | 11 | Champlin Park |
| 50' 10.25" | Michael Bruggers | 11 | Champlin Park | 158' 6" | Oliver Tordsen | 11 | Fairmont |
| (40) | | | | 158' 2" | Ben Northrop | 12 | Pine Island |
| 50' 10.25" | Alexander Wimmer | 12 | Anoka | (30) | | | |
| 50' 9" | Cash Cerar | 11 | Stillwater Area | 158' 0" | Jacob Dietel | 12 | Litchfield |
| 50' 9" | Justin Jacobson | 12 | Pelican Rapids | 157' 11" | Nathan Wieberdink | 12 | Central Minnesota |
| 50' 7.5" | Luke Van Oort | 12 | Mounds View | Christian | | | |
| 50' 7" | Simon Bicek | 10 | Elk River | 156' 4" | Drew Turgeon | 10 | LCWM-Nicollet |
| 50' 6.5" | Caleb Loomis | 9 | Rochester Mayo | 156' 3" | Matt Hunter | 11 | White Bear Lake Area |
| 50' 5" | Mason Sundquist | 12 | Cloquet | 155' 11" | Devin McClanahan | 12 | Mora |
| 50' 4.75" | Elijah Woodley | 11 | Luverne | 155' 4" | Riley Peters | 12 | Pequot Lakes |
| 50' 4.5" | Eli Diane | 9 | Wayzata | 155' 0" | Grady Minnerath | 12 | Rocori |
| 50' 4.25" | Tyler Sparks | 11 | Shakopee | 155' 0" | Cody Swanson | 12 | Byron |
| (50) | | | | 154' 10" | Howie Johnson | 10 | Forest Lake |
| 50' 4" | Treston Nichols | 12 | BGMR Freeze | 154' 7" | Mason Sundquist | 12 | Cloquet |
| 50' 4" | Jackson Staab | 10 | Lakeview | (40) | | | |
| 50' 3.5" | Vincent Marchetti | 12 | Hibbing | 154' 3" | Elijah Woodley | 11 | Luverne |
| 50' 1.5" | Jacob Liimatainen | 12 | Barnum | 153' 10" | Gabriel Coleman | 11 | Edina |
| 50' 1.25" | Jonathan Ritz | 12 | Willmar | 153' 5" | Lucas Smith | 11 | Owatonna |
| 50' 0.5" | Chase Jacobson | 12 | Bigfork | 153' 4" | John Seemann | 11 | Mound-Westonka |
| 50' 0.5" | Isaiah Wright | 12 | Champlin Park | 153' 1" | Luke Pappas | 11 | Robbinsdale Armstrong |
| 49' 11.75" | Noah Stommes | 12 | Eden Valley-Watkins/K | 153' 1" | Tanner Smith | 12 | Minnetonka |
| 49' 11.5" | Devin McClanahan | 12 | Mora | 153' 0" | Jerrick Kriz | 11 | Mankato East |
| 49' 11" | Brayden Sjoblom | 12 | Detroit Lakes | 153' 0" | Evan Peterson | 12 | St. Francis |
| (60) | | | | 152' 11" | Landin Nelson | 12 | Mankato West |
| 49' 10.5" | Harrison Brandt | 10 | Eagan | 152' 11" | Lucas Nikoloski | 12 | Lanesboro-Fillmore C-M-C |
| 49' 10.5" | Zachary Dahnert | 11 | Owatonna | (50) | | | |
| 49' 9.5" | Harrison Brun | 12 | Rockford | 152' 10" | Torrin Smith | 12 | Owatonna |
| 49' 9.25" | Bailey Taylor | 12 | Andover | 152' 3" | Treston Nichols | 12 | BGMR Freeze |
| 49' 9" | Parker Burdorf | 12 | Sibley East | 152' 0" | Mavrik Martine | 11 | East Grand Forks |
| 49' 9" | Trent Page | 12 | Minnehaha Academy | 152' 0" | Jackson Gacke | 11 | Hills-Beaver Creek |
| 49' 8.5" | Brady Heiling | 12 | MACCRAY/RCW | 151' 8" | Nicholas Guthrie | 11 | Upsala/Swanville |
| 49' 7" | Jake Borowicz | 11 | Roseau | 151' 5" | Carter Schwartz | 9 | Mankato East |
| 49' 6" | Alex Johnson | 12 | G-F-W | 150' 10" | Brandon Sandberg | 12 | Pham |
| 49' 5.5" | Zachary Kuehn | 11 | Prior Lake | 150' 5" | Charles Smith | 12 | Wayzata |
| 49' 5.5" | Levi Oevering | 12 | Lewiston-Altura | 150' 4" | Aiden Wilson | 11 | Winona |
| (71) | | | | 150' 2" | Brody Webster | 11 | Rosemount |
| | | | | (60) | | | |
| | | | | 150' 1" | Logan Huss | 12 | Centennial |

| | | | | | | | |
|---------|------------------|----|-----------------------|-----------|-------------------|----|--------------------------|
| 149' 9" | Alexander Wimmer | 12 | Anoka | 13' 0" | Jamison Livermore | 10 | Forest Lake |
| 149' 4" | Noah Stommes | 12 | Eden Valley-Watkins/K | 13' 0" | John Maines | 10 | Prior Lake |
| 149' 2" | Craig Knutson | 11 | Triton | 13' 0" | Lincoln Maloney | 12 | Mounds View |
| 149' 1" | Tyler Sparks | 11 | Shakopee | 13' 0" | Beau Merz | 12 | Delano |
| 148' 4" | Mason Wozny | 12 | Shakopee | 13' 0" | Austin Mohr | 11 | Alexandria |
| 148' 3" | Blake Fitcher | 11 | Owatonna | 13' 0" | Noah Novotny | 12 | Perham |
| 148' 1" | Joel Benson | 11 | Buffalo | 13' 0" | Julius Schneider | 10 | Maple River |
| 147' 7" | Hayden Venenga | 12 | Willmar | 13' 0" | Miles Smith | 12 | Mounds View |
| 147' 1" | Nathan Woodward | 12 | Rockford | (60) | | | |
| (70) | | | | 13' 0" | Nathan Thibaudeau | 12 | North HS |
| | | | | 13' 0" | Nolan Vogelsberg | 11 | Faribault |
| | | | | 13' 0" | Ryan Wirrer | 10 | Mounds View |
| | | | | 13' 0" | Boston Wright | 12 | Lanesboro-Fillmore C-M-C |
| | | | | 12' 11.5" | Dane Krull | 10 | Chaska |
| | | | | 12' 11" | Tate Bente | 11 | Lakeville South |
| | | | | 12' 11" | Gage Borntrager | 12 | Fairmont |
| | | | | 12' 10" | CJ Tree | 12 | Pine Island |
| | | | | 12' 9" | Austin Valento | 11 | Hibbing |
| | | | | 12' 8" | Sam Miller | 10 | MACCRAY/RCW |
| | | | | (70) | | | |

POLE VAULT

| | | | | | | | |
|------------|--------------------|----|--------------------------|-----------|---------------------|----|--------------------------|
| 16' 4" | Brian Schloeder | 12 | Rockford | 6' 10" | Pierce Petersohn | 10 | Triton |
| 15' 3" | Henry White | 11 | Maple Grove | 6' 9" | Sam Snitker | 12 | GMLOKS |
| 15' 3" | Joshua Schmidt | 10 | Chaska | 6' 8" | Carter Anderson | 12 | Stewartville |
| 15' 0" | Owen Angell | 11 | Becker | 6' 6" | Brayson Boike | 11 | Lac qui Parle Valley/D-B |
| 15' 0" | Joseph Arens | 12 | St. Croix Preparatory Ac | 6' 6" | Gabe Hein | 12 | Blooming Prairie |
| 15' 0" | Calvin Piescher | 10 | Cambridge-Isanti | 6' 6" | Adam Myren | 12 | Rochester Mayo |
| 15' 0" | Noah Rodenwald | 12 | Rosemount | 6' 6" | Andrew Russell | 10 | Mahtomedi |
| 14' 9" | Jackson Froslee | 11 | Andover | 6' 6" | Josiah Young | 11 | Totino-Grace |
| 14' 7" | Tristan Faber | 12 | Rockford | 6' 5.25"i | Chase Johnson | 11 | Stillwater Area |
| 14' 7" | Cooper Leichtnam | 12 | Faribault | 6' 5" | Joseph Guthrie | 12 | Upsala/Swanville |
| (10) | | | | (10) | | | |
| 14' 6" | Cadyn Miller | 12 | Princeton | 6' 5" | Austin Kehr | 12 | Belle Plaine |
| 14' 6" | Braden Nelson | 12 | Montevideo | 6' 5" | Caleb Meyer | 9 | Worthington |
| 14' 6" | Alec Newby | 11 | Bemidji | 6' 5" | Tate Rasmussen | 12 | Edina |
| 14' 5.25" | Trent Guth | 12 | Chisago Lakes | 6' 5" | Isaiah Salami | 10 | Anoka |
| 14' 5" | Micah Wilson | 12 | Cambridge-Isanti | 6' 5" | Carson Schweim | 12 | Mankato East |
| 14' 3" | Joe Wilson | 12 | Dilworth-Glyndon-Felto | 6' 4.75" | Ryan Stites | 11 | Byron |
| 14' 1" | Hudson Brandt | 11 | Moorhead | 6' 4" | Shiloh Ayitey | 10 | Blaine |
| 14' 0" | Turner Beachy | 10 | Staples-Motley | 6' 4" | Tate Bloch | 12 | Eden Prairie |
| 14' 0" | Andrew Brekke | 11 | Stillwater Area | 6' 4" | Grant Busker | 12 | SW MN Christian / Edger |
| 14' 0"i | Henry Corbett | 10 | Stillwater Area | 6' 4"i | Davandre Campbell | 11 | Blake |
| (20) | | | | (20) | | | |
| 14' 0" | Lucas Frank | 11 | Cambridge-Isanti | 6' 4" | Parker Christensen | 11 | Minnetonka |
| 14' 0" | Grayson Gibson | 10 | Morris Area/Chokio-Alb | 6' 4" | Brandon Connelly | 12 | Shakopee |
| 14' 0" | Lucas Peterson | 12 | Rochester Mayo | 6' 4" | Ehinome Ejodamen | 10 | Rosemount |
| 14' 0" | Samuel Studnicka | 12 | Buffalo | 6' 4" | Martavius Guertin | 11 | Monticello |
| 13' 11.25" | Sebastian Santiago | 11 | Spring Lake Park | 6' 4" | Hunter Harris | 12 | Farmington |
| 13' 9" | Brady Crabtree | 12 | Frazee | 6' 4" | Dylan Hoot | 11 | Stewartville |
| 13' 8" | Stephen Feig | 11 | Northfield | 6' 4" | Torgeson Ketterling | 10 | Rosemount |
| 13' 7" | Tyler Hollerich | 12 | Maple River | 6' 4" | Ryan Kronbach | 12 | Janesville Waldorf Pembe |
| 13' 6" | Nathaniel Bear | 11 | Chisago Lakes | 6' 4" | Elijah McCormick | 10 | Mahtomedi |
| 13' 6" | Colin Craig | 12 | Blake | 6' 4" | Elijah Printup | 10 | Minneapolis Edison |
| (30) | | | | (30) | | | |
| 13' 6" | Nicholas Gerhardt | 10 | East Ridge | 6' 4" | Emmett Ricke | 12 | Kasson-Mantorville |
| 13' 6" | William Mansfield | 10 | Waseca | 6' 4" | Mitchel Rieckhoff | 12 | Waconia |
| 13' 6" | Jack Miller | 12 | MACCRAY/RCW | 6' 4" | Ole Skrien | 11 | St. Croix Lutheran |
| 13' 6" | Liam Neis | 11 | Stillwater Area | 6' 4" | Ethan Stendel | 11 | Caledonia/Spring Grove |
| 13' 6" | Blake Sieben | 9 | Anoka | 6' 4" | Zughumnan Zillang | 12 | Blaine |
| 13' 6" | Joe Smith | 10 | Brainerd | 6' 3" | Francis Endrizzi | 12 | Minneapolis Edison |
| 13' 6" | Andrue Stalboerger | 10 | Melrose Area | 6' 3" | Kamarion Gant | 12 | Northfield |
| 13' 6" | Caden Wong | 11 | Wayzata | 6' 3" | DeAndre Holloway | 12 | Benson/KMS |
| 13' 5.25" | Wesley Kennedy | 10 | Cambridge-Isanti | 6' 3" | Joaquin Jamison | 12 | Richfield |
| 13' 5.25" | Nicklaus Wimmer | 9 | Concordia Academy | 6' 3" | Ryan Korinek | 9 | Concordia Academy |
| (40) | | | | (40) | | | |
| 13' 4" | Porter Matheson | 12 | Howard Lake-Waverly-W | 6' 3" | James Osborne | 12 | New Ulm |
| 13' 3" | Alexander Palmer | 12 | Albert Lea | 6' 3"i | Ameer Safi | 12 | Mounds View |
| 13' 2" | Jack Kruger | 12 | Eagan | 6' 3" | Tonie Torboh | 11 | Mounds View |
| 13' 2" | Cody Meyers | 12 | Wayzata | | | | |
| 13' 2" | Madden Paul | 11 | Faribault | | | | |
| 13' 0" | Mason Baas | 11 | Prior Lake | | | | |
| 13' 0" | Derek Baptiste | 12 | Prior Lake | | | | |
| 13' 0" | Tate Bloch | 12 | Eden Prairie | | | | |
| 13' 0" | Coye Braton | 10 | Detroit Lakes | | | | |
| 13' 0" | Owen Dick | 12 | Rush City | | | | |
| (50) | | | | | | | |
| 13' 0" | Tyler Evans | 12 | Willmar | | | | |
| 13' 0" | Ethan Ishaug | 12 | Bloomington Jefferson | | | | |

| | | | | | | | |
|----------|------------------------|----|--------------------------|------------|------------------------|----|--------------------------|
| 6' 3" | Timmy Webber | 10 | Howard Lake-Waverly-W | 22' 4.25" | Isaac Field | 12 | Eastview |
| 6' 2.75" | Kahuan Harris | 12 | Hopkins | (20) | | | |
| 6' 2.75" | Jackson Smith | 11 | Rochester Mayo | 22' 3.5" | Mason Dalluge | 12 | Ottertail Central |
| 6' 2.25" | Everett Gilbert | 11 | Liberty Classical Acad | 22' 1.75" | Grayson Okoronkwo | 12 | Blake |
| 6' 2" | Brooks Anderson | 11 | Dover-Eyota | 22' 1.5" | Brayson Boike | 11 | Lac qui Parle Valley/D-B |
| 6' 2" | George Anderson | 10 | St. Thomas Academy | 22' 0.75" | Antonio Wendlandt | 12 | Bloomington Kennedy |
| 6' 2" | Marcus Anderson | 11 | DeLaSalle | 22' 0.5" | Jeremy Sherlock | 12 | Burnsville |
| (50) | | | | 22' 0.5" | Shae Wyszynski | 12 | Andover |
| 6' 2" | Otto Anderson | 11 | Alexandria | 22' 0.25" | Ameer Safi | 12 | Mounds View |
| 6' 2" | Owen Angell | 11 | Becker | 22' 0" | Tate Nelson | 11 | Two Harbors |
| 6' 2" | Chiwetaramonu Attama | 12 | Osseo | 21' 11.25" | Carter Holcomb | 12 | Rochester Mayo |
| 6' 2" | Nagayo Barento | 12 | Stillwater Area | 21' 11.25" | Isaiah Watson | 12 | Fridley |
| 6' 2" | Avandre Brandt | 10 | Staples-Motley | (30) | | | |
| 6' 2" | Charles Davidson | 11 | St. Charles | 21' 11" | Grady Giebenhain | 9 | Minnetonka |
| 6' 2" | Bode Eggena | 11 | Pequot Lakes | 21' 10.5" | Tykeilan Hy Shaw-Moore | 12 | Fridley |
| 6' 2" | Keegan Eibensteiner | 11 | Albany | 21' 10.5" | Javon Minor | 11 | Roseville Area |
| 6' 2" | Owen Ford | 12 | Eagan | 21' 10.25" | Fadel Johnson | 12 | Fridley |
| 6' 2" | Lyrik Haug | 12 | Wadena-Deer Creek | 21' 10" | Charlie Irvine | 10 | Albert Lea |
| 6' 2" | Eli Hegland | 12 | Lac qui Parle Valley/D-B | 21' 10" | Shane Zierden | 12 | Fergus Falls |
| (60) | | | | 21' 9.5" | Maurice Counce | 12 | Andover |
| 6' 2" | Jack Hennen | 12 | New Prague | 21' 9.5" | Carson Heimer | 10 | Byron |
| 6' 2" | Alek Hodny | 12 | Lester Prairie | 21' 8.75" | Trenton VanNyhuis | 10 | Osakis |
| 6' 2" | Tykeilan Hy Shaw-Moore | 12 | Fridley | 21' 8.75" | Avery Batala | 11 | Hopkins |
| 6' 2" | Javin Johnson | 12 | Prior Lake | (40) | | | |
| 6' 2" | Cam Jones | 12 | Howard Lake-Waverly-W | 21' 8.5" | Avandre Brandt | 10 | Staples-Motley |
| 6' 2" | Clifford Jones | 10 | Apple Valley | 21' 8.5" | Natavon Nix | 9 | Minnehaha Academy |
| 6' 2" | Jackson Kaiser | 11 | Bagley/Fosston | 21' 8.5" | Koi Perich | 12 | Esko |
| 6' 2" | Samyan Kasim | 12 | Moorhead | 21' 8.25" | Eli Aldridge | 12 | Stillwater Area |
| 6' 2" | Jacob Kunkel | 12 | Breckenridge | 21' 8.25" | Gavin DeBeer | 12 | Luverne |
| 6' 2" | Macswel Kunza | 12 | Dilworth-Glyndon-Felton | 21' 8.25" | Jack Gross | 11 | BOLD/BLH |
| (70) | | | | 21' 7.25" | Preston Meinke | 11 | Cotter/Hope |
| 6' 2" | Wyatt Lind | 11 | St. Francis | 21' 7.25" | Jacob Tilly | 11 | St. Francis |
| 6' 2" | Isaiah Magee | 12 | Roseville Area | 21' 7" | Michael Douglas | 12 | Blaine |
| 6' 2" | Braedyn Male | 12 | Esko | 21' 7" | Elijah Ladu | 11 | Rochester John Marshall |
| 6' 2" | Jayvon Maternowski | 12 | Rosemount | (50) | | | |
| 6' 2" | Ezra May | 11 | Minnehaha Academy | 21' 7" | Holden Rinke | 11 | Border West |
| 6' 2" | Finley Moseti | 11 | Mounds View | 21' 6.75" | Martavius Guertin | 11 | Monticello |
| 6' 2" | John Paul Musoke | 10 | Breck School | 21' 6.75" | Jeremiah Shenouda | 11 | Two Rivers |
| 6' 2" | Liam Neis | 11 | Stillwater Area | 21' 6.5" | Bruce Bureau | 12 | Howard Lake-Waverly-W |
| 6' 2" | Jimmy Paulson | 12 | Spectrum | 21' 6.5" | Ben Mugisa | 10 | Mounds View |
| 6' 2" | Blake Siefert | 11 | Chisago Lakes | 21' 6.5" | Esosa Ogbemor | 12 | Bloomington Kennedy |
| (80) | | | | 21' 6.5" | Parker Wangen | 11 | Stewartville |
| 6' 2" | Carter Sonnenberg | 11 | Frazee | 21' 6" | Terae Dunn | 12 | Eden Prairie |
| 6' 2" | Aidan Swenhaugen | 11 | TMB/WWG | 21' 6" | Noah Johnson | 12 | Rocori |
| 6' 2" | Elijah Wellumson | 11 | Climax-Fisher-Sacred H | 21' 5.75" | Joseph Guthrie | 12 | Upsala/Swanville |
| 6' 2" | Alexander Williamson | 9 | Minneapolis South | (60) | | | |
| (84) | | | | 21' 5.75" | Lyrik Haug | 12 | Wadena-Deer Creek |
| | | | | 21' 5.75" | Brian Schloeder | 12 | Rockford |
| | | | | 21' 5.5" | Fawzan Boukari | 11 | Irondale |
| | | | | 21' 5.5" | Hunter Harris | 12 | Farmington |
| | | | | 21' 5.5" | Cam Mata | 12 | Forest Lake |
| | | | | 21' 5.5" | Nicholas Presthus | 12 | Edina |
| | | | | 21' 5" | Colin Elliott | 12 | Mounds View |
| | | | | 21' 5" | Owen Thielges | 11 | Moorhead |
| | | | | 21' 5" | Grant Tylutki | 11 | Rocori |
| | | | | 21' 4.75" | Maverick Kneefe | 12 | St. Michael-Albertville |
| | | | | 21' 4.75" | Damarius Russell | 11 | Waseca |
| | | | | 21' 4.75" | Charlie Wood | 12 | Stewartville |
| | | | | (72) | | | |

LONG JUMP

| | | | | | | | |
|------------|--------------------|----|-------------------------|------------|--------------------|----|-------------------|
| 25' 4.5" | Juriad Hughes Jr. | 12 | Irondale | 47' 7.5" | Ty Nelson | 11 | Brainerd |
| 24' 1" | Carter Reckelberg | 11 | Becker | 47' 3.25" | Fadel Johnson | 12 | Fridley |
| 23' 10" | Shaun Wysocki | 12 | Rochester Century | 47' 1.5" | Rich Adeniyi-Akins | 12 | Spring Lake Park |
| 23' 4" | Tobias Williams | 12 | Minnetonka | 46' 10.75" | Shaun Wysocki | 12 | Rochester Century |
| 23' 2.25" | Jordan Mount | 12 | Crosby-Ironton | 46' 5.75" | Shane Zierden | 12 | Fergus Falls |
| 23' 1" | Easton Miles | 10 | White Bear Lake Area | 46' 5.25" | Colin Elliott | 12 | Mounds View |
| 23' 0.25" | Kahuan Harris | 12 | Hopkins | 46' 5.25" | Liam Frommelt | 12 | Woodbury |
| 22' 10.75" | Tom Animasau | 10 | White Bear Lake Area | 46' 5" | Jaden Ngaima | 11 | Hopkins |
| 22' 9.75" | Ryan Kangas | 12 | Win-E-mac | | | | |
| 22' 9" | Rich Adeniyi-Akins | 12 | Spring Lake Park | | | | |
| (10) | | | | | | | |
| 22' 9" | Evan Kludt | 11 | Alexandria | | | | |
| 22' 8.5" | John Attipoe | 12 | Roseville Area | | | | |
| 22' 8" | Ayo Ogundeji | 11 | Nevis | | | | |
| 22' 8" | Thenic Yantambwe | 12 | Champlin Park | | | | |
| 22' 7" | Zak Walker | 9 | Moorhead | | | | |
| 22' 6.25" | Ernest Moindi | 12 | Two Rivers | | | | |
| 22' 5.5" | Liam Frommelt | 12 | Woodbury | | | | |
| 22' 5.25" | Nolan Ginskey | 11 | Owatonna | | | | |
| 22' 5" | Muhiz Bada | 12 | St. Michael-Albertville | | | | |

TRIPLE JUMP

INFREQUENTLY CONTESTED EVENTS - 2024

| | | | |
|------------|-------------------------|----|---------------------------|
| 46' 3.5" | Isaiah Watson | 12 | Fridley |
| 45' 10.5" | Alvin Bropleh | 11 | Monticello |
| (10) | | | |
| 45' 10.5" | Garald Ferguson Jr. | 12 | Blaine |
| 45' 4" | Tonie Torboh | 11 | Mounds View |
| 45' 3.25" | Brayson Boike | 11 | Lac qui Parle Valley/D-B |
| 45' 2.5" | Brandton Marsh | 12 | Detroit Lakes |
| 45' 2" | Nicholas Presthus | 12 | Edina |
| 45' 2" | Trenton VanNyhuis | 10 | Osakis |
| 44' 11.75" | Natavon Nix | 9 | Minnehaha Academy |
| 44' 11.75" | Grayson Okoronkwo | 12 | Blake |
| 44' 10.5" | Samuel Ngando | 12 | Eastview |
| 44' 10.5" | Carter Reckelberg | 11 | Becker |
| (20) | | | |
| 44' 10" | Avery Batala | 11 | Hopkins |
| 44' 9.25" | Ryan Kronbach | 12 | Janesville Waldorf Pember |
| 44' 7.5" | Darius Lockett | 11 | Fergus Falls |
| 44' 7.25" | Michael Barry | 12 | Mahtomedi |
| 44' 6.5" | Isaiah Salami | 10 | Anoka |
| 44' 5.75" | Job Ogeka | 11 | Windom Area |
| 44' 5" | Jaxson Barrett | 12 | Prior Lake |
| 44' 4.75" | Caleb Johnson | 11 | Hopkins |
| 44' 4" | Mason Dalluge | 12 | Ottertail Central |
| 44' 3" | Jez Jones | 10 | East Grand Forks |
| (30) | | | |
| 44' 1.75" | Tuulla Gemta | 10 | Blaine |
| 44' 1.5" | Martavius Guertin | 11 | Monticello |
| 44' 1.25" | Maverick Kneefe | 12 | St. Michael-Albertville |
| 44' 1" | Isaac Field | 12 | Eastview |
| 44' 0.25" | Quentin Cobb-Butler | 12 | Woodbury |
| 43' 11.75" | Joseph Guthrie | 12 | Upsala/Swanville |
| 43' 11.5" | Josiah Allyn | 12 | Waconia |
| 43' 11.5" | Micah Schmidt | 10 | Watertown-Mayer |
| 43' 11.25" | Cale Hansen | 12 | Maple River |
| 43' 11" | Jordan Mount | 12 | Crosby-Ironton |
| (40) | | | |
| 43' 10.5" | Carter Anderson | 12 | Stewartville |
| 43' 10.5" | Eyuel Miftah | 11 | Park |
| 43' 10" | Lance Quiah | 11 | Osseo |
| 43' 10" | Zak Walker | 9 | Moorhead |
| 43' 9.75" | Shalom Afram | 11 | Rosemount |
| 43' 9" | Holden Rinke | 11 | Border West |
| 43' 9" | Aidan Schaap | 12 | SW MN Christian / Edgert |
| 43' 7.75" | Dylan Hoot | 11 | Stewartville |
| 43' 7.5" | Carter Kringen | 12 | Rosemount |
| 43' 6.75" | Prince Daye | 12 | Blaine |
| (50) | | | |
| 43' 6.75" | Sawyer Ferdon | 11 | Staples-Motley |
| 43' 5.5" | Colton Johnson | 12 | Grand Rapids |
| 43' 5.5" | Cam Mata | 12 | Forest Lake |
| 43' 4.5" | Jacob Ginskey | 12 | Owatonna |
| 43' 4.25" | Alex Gora | 10 | Mankato East |
| 43' 4" | Tyler Anderson | 12 | Eastview |
| 43' 3.75" | Jayden Kuhlman | 11 | Cambridge-Isanti |
| 43' 3.5" | Nolan Ginskey | 11 | Owatonna |
| 43' 3" | Aidan McCue | 10 | Sibley East |
| 43' 3" | Jamari Stewart-Scott | 12 | Minneapolis South |
| (60) | | | |
| 43' 2.25" | Joseph Brett-Labouchere | 12 | Minnetonka |
| 43' 2" | Ethan Ekstrom | 11 | North St. Paul |
| 43' 2" | Kahuan Harris | 12 | Hopkins |
| 43' 2" | Christopher Hilton | 11 | St. Charles |
| 43' 1.5" | Wyatt Lind | 11 | St. Francis |
| 43' 1" | Cameron Stewart | 10 | Spring Lake Park |
| 43' 0.75" | Ben Halvorson | 12 | Minnesota Valley Lutheran |
| 43' 0.75" | Buck Zion | 12 | Southwest Christian |
| 43' 0.5" | Inob Adoga | 11 | East Ridge |
| 43' 0.5" | Jimmy Paulson | 12 | Spectrum |
| (70) | | | |

600 METERS

| | | | |
|---------|--------------|--------------|----|
| 1:24.19 | Jake Heimkes | Eden Prairie | 12 |
| 1:24.96 | Jack Sennes | Edina | 12 |

1500 METERS

| | | | |
|---------|-----------------|----------------|----|
| 3:58.13 | Robert Mechura | Roseville Area | 11 |
| 3:58.63 | Nolan Sutter | Chaska | 12 |
| 3:59.20 | Owen Layton | Big Lake | 12 |
| 4:01.66 | Isaiah Anderson | Mankato East | 12 |

3000 METERS

| | | | |
|---------|-----------------|-----------------------|----|
| 8:23.54 | Robert Mechura | Roseville Area | 11 |
| 8:33.89 | Sal Wirth | Annandale | 11 |
| 8:39.42 | Sam Scott | Minneapolis Southwest | 12 |
| 8:46.63 | Isaiah Anderson | Mankato East | 12 |
| 8:54.76 | Salman Mohamed | Champlin Park | 12 |

5000 METERS

| | | | |
|----------|--------------|-----------|----|
| 14:36.44 | Nolan Sutter | Chaska | 12 |
| 14:44.17 | Sal Wirth | Annandale | 11 |

400 METER INTERMEDIATE HURDLES

| | | | |
|-------|-------------------|--------------------|----|
| 56.15 | Jared Hanson | Hastings | 12 |
| 56.28 | Michael Seifu | Cretin-Derham Hall | 11 |
| 56.65 | Keynan Allee | Maple Grove | 10 |
| 57.42 | Trevor Stundahl | Orono | 11 |
| 57.90 | Colin Hokanson | Shakopee | 11 |
| 58.33 | Davandre Campbell | Blake | 11 |

2000 METER STEEPLECHASE

| | | | |
|---------|----------------|---------------|----|
| 6:08.14 | Salman Mohamed | Champlin Park | 12 |
|---------|----------------|---------------|----|

4x1600 RELAY

| | | | |
|-----------|-------------------------|--|--|
| 17:33.93c | Mounds View (17:45.99y) | | |
|-----------|-------------------------|--|--|

DISTANCE MEDLEY

| | | | |
|----------|----------|--|--|
| 10:40.79 | Marshall | | |
| 10:46.08 | Luverne | | |

JAVELIN THROW

| | | | |
|----------|----------------|----------------------|----|
| 147-8.75 | Nathan Doggett | Stillwater | 11 |
| 133-3.25 | Tate Bloch | Eden Prairie | 12 |
| 133-3 | Thomas Redwing | Holy Family Catholic | 11 |

DECATHALON

| | | | |
|------|----------------|----------------------|----|
| 5902 | Tate Bloch | Eden Prairie | 12 |
| 5318 | Colin Hokanson | Shakopee | 11 |
| 5316 | Judah Zinter | Concordia, Roseville | 11 |