

2014 Nike Heartland Regional Girls

Yankton Trail, Sioux Falls, SD - Sunday, November 9th - 5015 meters – 45 degrees, calm, cloudy – firm & flat

1 Wayzata, MN	96	(3+8+9+32+44 (57+103)	17 Iowa City West, IA	481	(12+46+125+134+164		
2 Willmar, MN	126	(19+25+26+27+29 (37+92)	18 Ankeny Centennial, IA	483	(11+63+106+138+165 (177+198)		
3 Edina, MN	138	(14+18+31+33+42 (58+86)	19 Lakeville South, MN	488	(50+75+91+118+154 (162)		
4 Johnston, IA	212	(4+16+53+68+71 (109+130)	20 Mpls Washburn, MN	490	(7+21+121+170+171 (179+186)		
5 East Ridge, MN	218	(6+15+36+65+96 (98+142)	21 Rapid City Stevens, SD	519	(30+56+128+136+169 (181+188)		
6 St. Thomas Aquinas, KS	266	(23+39+49+72+83 (107)	22 Shawnee Mission NW, KS	527	(45+82+100+145+155 (173+175)		
7 Urbandale, IA	269	(20+28+35+73+113	23 Millard South, NE	561	(10+38+163+174+176 (189)		
8 Forest Lake Area, MN	288	(5+22+69+87+105 (126+150)	24 Bismarck Century, ND	575	(89+112+116+119+139 (140)		
9 Eden Prairie, MN	347	(41+52+76+85+93 (101+159)	25 Alexandria, MN	582	(1+2+178+200+201		
10 Eagan, MN	347	(17+60+74+88+108 (143)	26 Eastview, MN	584	(40+47+147+168+182 (184)		
11 Stevens Point, WI	387	(61+67+77+80+102 (166)	27 Linn Mar, IA	587	(70+84+129+146+158 (160+197)		
12 Marshall, MN	388	(24+51+59+110+144 (151+187)	28 Olathe East, KS	616	(54+99+122+161+180		
13 Trinity at River Ridge, MN	435	(62+78+81+97+117 (167+172)	29 Lincoln Southwest, NE	717	(64+114+149+185+205		
14 Minnetonka, MN	458	(34+94+95+115+120 (127+153)	30 Monticello, MN	723	(131+132+133+137+190 (193+194)		
15 Grand Forks Central, ND	463	(13+66+104+124+156 (183+191)	31 Lincoln East, NE	743	(43+152+157+195+196 (206)		
16 Dowling Catholic, IA	472	(48+55+111+123+135 (141+148)	32 Osage, IA	762	(79+90+192+199+202 (203+204)		
1 Bethany Hasz	11	Alexandria, MN 17:06.0	1	51 Juianne Logan	9	Edina, MN 18:50.9	33
2 Stephanie Jenks	11	Unattached, IA 17:12.3		52 Sophie Whicher	9	Minnetonka, MN 18:50.9	34
3 Megan Hasz	11	Alexandria, MN 17:17.9	2	53 Elyse Prescott	11	Urbandale, IA 18:52.0	35
4 Annie Frisbie	12	River Falls, WI 17:35.4		54 Grace Gibbons	12	Gilbert, IA 18:52.4	
5 Anna French	12	Wayzata, MN 17:38.0	3	55 Grace Coen	11	Newton, IA 18:53.0	
6 Jordyn Kleve	12	Johnston, IA 17:39.3	4	56 Olivia Hummel	11	East Ridge, MN 18:53.4	36
7 Cailie Logue	10	Girard, KS 17:48.6		57 Kayla Rudie	10	Willmar, MN 18:53.5	37
8 Emma Benner	11	Forest Lake, MN 17:53.0	5	58 Kianna Stewart	11	Red Wing, MN 18:53.6	
9 Mattie Shirley-Fair	8	Bismarck, ND 17:56.6		59 Taylor Somers	10	Millard South, NE 18:53.7	38
10 Emily Betz	12	East Ridge, MN 18:02.9	6	60 Kristy Terp	12	Two Rivers, WI 18:54.6	
11 Emily Venters	10	Lawrence Free State, KS 18:04.0		61 Maggie Sieben	10	St. Thomas Aquinas, KS 18:54.7	39
12 Jeralyn Poe	12	Lincoln North Star, NE 18:04.8		62 Margie Freed	11	Eastview 18:55.1	40
13 Emily Covert	8	Mpls Washburn, MN 18:04.8	7	63 Lauren Peterson	8	Farmington, MN 18:55.6	
14 Kailyn Jessel	12	Pulaski, WI 18:06.1		64 Samantha Schnirring	12	Eden Prairie, MN 18:56.1	41
15 Deidra Walker	12	Maize, KS 18:07.5		65 Tate Sweeney	10	Edina, MN 18:57.3	42
16 Michaela Keller-Miller	11	Wayzata, MN 18:07.8	8	66 Alana Sesow	11	Lincoln East, NE 18:57.5	43
17 Jasmyn Armstrong	8	Red Wing, MN 18:11.0		67 Carly Flake	10	Andover, KS 18:59.5	
18 Annika Lerdall	10	Wayzata, MN 18:12.7 6	9	68 Sam Lettenberger	10	Wayzata, MN 19:01.5	44
19 Katie Spencer	12	Millard South, NE 18:13.5	10	69 Molly Born	9	Shawnee Mission NW, KS 19:01.9	45
20 Kate Smith	12	Ankeny Centennial, IA 18:15.3	11	70 Janessa Meuleners	12	Belle Plaine, MN 19:02.2	
21 Bailey Nock	9	Iowa City West, IA 18:16.1	12	71 Oliva Moore	10	Iowa City West, IA 19:02.5	46
22 Rebekah Topham	12	Griswold, IA 18:16.7		72 Laura Bestul	11	Eastview 19:03.0	47
23 Tess Misgen	10	Shakopee, MN 18:20.5 6		73 Hannah Thomas	12	Dowling Catholic, IA 19:04.1	48
24 Karly Ackley	10	Grand Forks Central, ND 18:22.8	13	74 Haley Rasmussen	12	Chaska, MN 19:04.3	
25 Amanda Mosborg	10	Edina, MN 18:23.1	14	75 Haley Dietsch	11	St. Thomas Aquinas, KS 19:05.6	49
26 McKenzie Yanek	11	Pleasant Valley, IA 18:23.8		76 Kayt Larson	12	Lakeville South, MN 19:07.0	50
27 Brenley Goertzen	12	East Ridge, MN 18:24.1	15	77 Lauren Schilling	10	Lakeland Union, WI 19:07.4	
28 Kate Utech	12	Maize, KS 18:24.9		78 Morgan Radel	9	Marshall, MN 19:08.3	51
29 Megan Schott	12	DesMoines Roosevelt, IA 18:28.2		79 Micayla Batchlor	12	Eden Prairie, MN 19:08.4	52
30 Jessica McKee	9	Johnston, IA 18:29.3	16	80 Sara Ness	11	Johnston, IA 19:08.4 6	53
31 Anna Van Wyk	12	Eagan, MN 18:30.6	17	81 Kayla Davis	11	Olathe East, KS 19:08.6	54
32 Sarah Conlon	11	Edina, MN 18:31.5	18	82 Adriana Kammerer	12	Iowa City Regina, IA 19:09.5	
33 Jessa Hanson	10	Willmar, MN 18:33.9	19	83 Vivian Broderick	10	Dowling Catholic, IA 19:10.5	55
34 Trina Moreno	11	Urbandale, IA 18:36.9	20	84 Emily Person	12	Rapid City Stevens, SD 19:11.1	56
35 Hannah Oscarson	11	Mpls Washburn, MN 18:37.1	21	85 Melissa Drenckhahn	11	Wayzata, MN 19:12.1	57
36 Caroline Schoessow	9	Forest Lake, MN 18:37.2	22	86 Brynn Liabraaten	10	Edina, MN 19:12.3	58
37 Caliee Peterson		May-Port, ND 18:38.5		87 Jackie Turner	11	Marshall, MN 19:14.3	59
38 Emily Downey	12	St. Thomas Aquinas, KS 18:39.0	23	88 Kelli Praska	12	Eagan, MN 19:14.8	60
39 Claire Boersma	10	Marshall, MN 18:39.2	24	89 Mya Zajakowski	10	Stevens Point, WI 19:15.6	61
40 Heidi Schmitz	8	Willmar, MN 18:39.	25	90 Theresa Mueller	12	Trinity at River Ridge, MN 19:17.0	62
41 Samantha Hanson	12	Willmar, MN 18:39.4	26	91 Megan Gray	9	Ankeny Centennial, IA 19:17.9	63
42 Sophie Schmitz	10	Willmar, MN 18:39.6	27	92 Emily Berzonsky	12	Lincoln Southwest, NE 19:18.4	64
43 Julia Noah	11	Urbandale, IA 18:43.0	28	93 Megan Schiferl	10	East Ridge, MN 19:20.6	65
44 Serena Monson	8	Willmar, MN 18:45.1 6	29	94 Alexis Roehl	8	Grand Forks Central, ND 19:21.2	66
45 Maria Berg	11	New Prague, MN 18:46.4		95 Kimby Klein	11	Stevens Point, WI 19:21.4	67
46 Jamie Schweiss	11	Rapid City Stevens, SD 18:48.7 6	30	96 Maddy Bradley	11	Johnston, IA 19:22.2	68
47 Emily Kompelien	9	Edina, MN 18:49.1	31	97 Sarah Voss	12	Des Moines Roosevelt, IA 19:22.4	
48 Elizabeth Yoder	10	Dickinson, ND 18:49.2		98 Jenny O'Bryan	11	St. Paul, KS 19:23.1	
49 Jaycie Thomsen	10	Wayzata, MN 18:49.4	32	99 Regan Duffy	8	Forest Lake, MN 19:23.5	69
50 Kiran Cordes	10	Lawrence Free State, KS 18:49.4		100 Jasmyne Cooper	9	Sioux Falls Lincoln, SD 19:24.5	

101 Amber Decker	11	Linn-Mar, IA	19:24.8	70	170 Olivia Orr	9	Mpls Washburn, MN	20:10.0	121
102 Anna Toot	11	Johnston, IA	19:26.1	71	171 Haley Arens	9	Crofton, NE	20:10.1	
103 Olivia Rode	11	St. Thomas Aquinas, KS	19:26.5	72	172 Maddie Lavin	9	Vermillion, SD	20:10.1	
104 Mickey Cole	11	Urbandale, IA	19:26.5	73	173 Meg Super	11	Minot, ND	20:10.5	
105 Abigail Hofferth	7	Minot, ND	19:28.4		174 Allison Vermillion	11	Olathe East, KS	20:10.9	122
106 Danielle Marshall	11	Eagan, MN	19:29.0	74	175 Sydney Hansen	9	Rosemount, MN	20:13.1	
107 Annie Brekken	12	Lakeville South, MN	19:29.4	75	176 Aubrey Meyer	9	Minot, ND	20:15.6	
108 Ellie Miller	12	Eden Prairie, MN	19:29.9	76	177 Molly Flood	9	Dowling Catholic, IA	20:17.4	123
109 Autum Shurbert-Het	11	Stevens Point, WI	19:30.2	77	178 Aaren Morrell	12	Maize, KS	20:18.3	
110 Sarah Werking	11	Brookfield East, WI	19:30.7		179 Michaela Dora	8	Bismarck, ND	20:19.3	
111 Grace Ennis	10	Trinity at River Ridge, MN	19:31.4	78	180 Rachel Torrey	9	Grand Forks Central, ND	20:19.6	124
112 Ellie Friesen	9	Osage, IA	19:32.0	79	181 Tia Saunders	11	Iowa City West, IA	20:20.3	125
113 Miranda Debot	9	Stevens Point, WI	19:32.8	80	182 Kayla Allen	10	Forest Lake, MN	20:20.6	126
114 Kelsey Kinkade	10	Blue Valley, KS	19:33.2		183 Lucy Hoelscher	11	Minnetonka, MN	20:21.2	127
115 Becca Wilkin	11	Trinity at River Ridge, MN	19:33.5	81	184 Kendra Dykstra	11	Rapid City Stevens, SD	20:21.9	128
116 Hannah Gruman	10	Shawnee Mission NW, KS	19:34.3	82	185 Morgan Garcia	11	Linn-Mar, IA	20:22.9	129
117 Abbey Hopfinger	11	St. Thomas Aquinas, KS	19:34.3	83	186 Sandra Kromminga	12	Johnston, IA	20:23.8	130
118 Madison McClure	9	Yankton, SD	19:34.3		187 Patty Bray	12	Monticello, MN	20:23.8	131
119 Maddie Saville	12	Linn-Mar, IA	19:36.1	84	188 Anna Fasen	10	Monticello, MN	20:23.9	132
120 Abbie Drach	12	Eden Prairie, MN	19:36.5	85	189 Krista Steele	12	Monticello, MN	20:24.1	133
121 Hannah Mitchell	10	Edina, MN	19:37.2	86	190 Lizzy Goebel	10	Williston, ND	20:24.9	
122 Amanda Forliti	10	Forest Lake, MN	19:38.9	87	191 Gabby Skopec	11	Iowa City West, IA	20:25.5	134
123 Katie Koprowski	11	Eagan, MN	19:39.1	88	192 Erin Cahalan	11	Dowling Catholic, IA	20:25.7	135
124 Olivia Murdoff	9	Bismarck Century, ND	19:39.5	89	193 Mallory Fine	12	Rapid City Stevens, SD	20:26.0	136
125 Olivia Anderson	9	Chaska, MN	19:39.7		194 Alexa Yeager	10	Monticello, MN	20:27.4	137
126 Alayna Franson	9	Rhineland, WI	19:40.4		195 Jamie Larsen	11	Ankeny Centennial, IA	20:30.0	138
127 Judi Jones	11	St. James Academy, NE	19:40.6		196 Mandy Stenehjelm	11	Bismarck Century, ND	20:30.5	139
128 Megan Mooberry	10	Osage, IA	19:40.9	90	197 Emily Brown	11	Bismarck Century, ND	20:30.8	140
129 Savannah Woods	11	Yankton, SD	19:41.9		198 Allie McLuen	10	Dowling Catholic, IA	20:31.2	141
130 Tess Roorda	10	Pella, IA	19:42.0		199 Madison Burgard	11	Bismarck, ND	20:31.7	
131 Brianna Brewster	7	Lakeville South, MN	19:42.4	91	200 Elissa McMaster	11	East Ridge, MN	20:33.1	142
132 Leah Hanson	8	Willmar, MN	19:43.0	92	201 Lauren Markowski	10	Eagan, MN	20:34.4	143
133 Ally Cottrell	10	Eden Prairie, MN	19:43.7	93	202 Sydney Bloome	9	Marshall, MN	20:35.5	144
134 Libby Halbmaier	9	Minnetonka, MN	19:44.4	94	203 Camryn McDonald	11	Shawnee Mission NW, KS	20:35.9	145
135 Tess Sutton	10	Minnetonka, MN	19:45.3	95	204 Sydney Johnston	12	Linn-Mar, IA	20:36.7	146
136 Anna Betz	11	East Ridge, MN	19:45.4	96	205 Megan Danielson	8	Frazee, MN	20:38.3	
137 Lotus Schifsky	12	Trinity at River Ridge, MN	19:45.7	97	206 Lauren Herland	12	Eastview, MN	20:38.6	147
138 Grace Gannon	11	Bismarck, ND	19:46.0		207 Daniarely Loma-Jasso	12	Turner, KS	20:39.2	
139 Abby Witte	9	East Ridge, MN	19:46.7	98	208 Ellen Sullivan	12	Dowling Catholic, IA	20:39.7	148
140 Emily Larocco	11	Olathe East, KS	19:48.0	99	209 Cailey Roth	12	Freeman, SD	20:43.0	
141 Bridget Henne	8	Fargo Davies	19:49.6		210 Marissa Czapla	11	Lincoln Southwest, NE	20:44.7	149
142 Ellie Morgan	9	Frazee-Vergas, MN	19:50.2		211 Jennifer Parent	9	Forest Lake, MN	20:47.6	150
143 Camille Henderson	10	Shawnee Mission NW, KS	19:50.4	100	212 Nichole Sample	9	Marshall, MN	20:49.0	151
144 Haley Anderson	11	Eden Prairie, MN	19:51.3	101	213 Paige Stearns	10	East Ridge, MN	20:49.2	
145 Abigail Hyland	10	Stevens Point, WI	19:53.5	102	214 Morgan Applegarth	12	Lincoln East, NE	20:49.3	152
146 Ellie Emerick	9	Wayzata, MN	19:54.1	103	215 Grace Bakala	10	Minnetonka, MN	20:50.2	153
147 Grace Roehl	11	Grand Forks Central, ND	19:54.3	104	216 Bailey Brewster	9	Lakeville South, MN	20:50.4	154
148 Allison Bartlett	10	Forest Lake, MN	19:54.7	105	217 Gabi Basel	12	Shawnee Mission NW, KS	20:51.0	155
149 Taylor Brown	11	Ankeny Centennial, IA	19:54.8	106	218 Spencer Jacobson	10	Circle, KS	20:51.5	
150 Kaylee Shanley	12	Olathe South, KS	19:54.9		219 Rachel Cox	12	Grand Forks Central, ND	20:51.6	156
151 Grayson Smith	10	St. Thomas Aquinas, KS	19:55.1	107	220 Jadyn Agee	11	Lincoln East, NE	20:53.9	157
152 Hayley Cleary	12	Eagan, MN	19:55.4	108	221 Deanna Newhouse	10	Linn-Mar, IA	20:54.7	158
153 Laura Nelson	10	Gayville-Volin, SD	19:57.3		222 Mal Holloway	9	Eden Prairie, MN	20:55.3	159
154 Brook Wedin	10	Mora, MN	19:57.7		223 Maddie Mann	10	Linn-Mar, IA	20:56.4	160
155 Emily Poss	10	Johnston, IA	19:58.5	109	224 Emily Schmeekle	10	Olathe East, KS	20:57.2	161
156 Natalee Sample	7	Marshall, MN	20:00.3	110	225 Erin Meyers	12	Lakeville South, MN	20:57.4	162
157 Julia Lee	9	York, NE	20:01.5		226 Allison Derry	10	Circle, KS	20:58.1	
158 Cate Freeman	10	Dowling Catholic, IA	20:02.7	111	227 Emily Bedford	11	Millard South, NE	20:59.0	163
159 Brittney Humphrey	12	Bismarck Century, ND	20:03.0	112	228 Jessica Skopec	10	Iowa City West, IA	20:59.2	164
160 Carly Klavins	11	Urbandale, IA	20:03.5	113	229 Brittany Hegstad	10	Ankeny Centennial, IA	21:01.2	165
161 Hannah Wolkenhauer	12	Lincoln Southwest, NE	20:03.9	114	230 Erica Van Helden	10	Stevens Point, WI	21:01.3	166
162 Marla Bailey	9	Minnetonka, MN	20:04.7	115	231 Charlotte Howland	10	Trinity at River Ridge, MN	21:03.0	167
163 Jaiden Schuette	12	Bismarck Century, ND	20:04.9	116	232 Hannah Schwartz	10	Eastview	21:03.4	168
164 Kayla Bloomquist	10	Williston, ND	20:05.5		233 Sydney Smith	9	Rapid City Stevens, SD	21:05.7	169
165 Elizabeth Neil	8	Trinity at River Ridge, MN	20:05.9	117	234 Grace Dickel	8	Mpls Washburn, MN	21:07.9	170
166 Lauren Geary	8	Lakeville South, MN	20:06.4	118	235 Shasa Sartin	12	Mpls Washburn, MN	21:12.8	171
167 Laura Laber	12	Bismarck Century, ND	20:07.9	119	236 Anna Maunu	10	Trinity at River Ridge, MN	21:15.3	172
168 Lauren Steinke	9	St./ Cloud Tech	20:07.9		237 Jessica Broll	11	Shawnee Mission NW, KS	21:17.7	173
169 Grace Hoelscher	9	Minnetonka, MN	20:08.5	120	238 Nikki Messick	12	Millard South, NE	21:20.1	174

239 Ally Steinmetz	10	Shawnee Mission NW, KS	21:20.8	175
240 Madison Asche	10	Millard South, NE	21:21.5	176
241 Savanna Henning	11	Ankeny Centennial, IA	21:21.7	177
242 Ellie Hurlen	11	Alexandria, MN	21:21.9	178
243 Anna Kelley	9	Mpls Washburn, MN	21:25.4	179
244 Rachel Post	9	Olathe East, KS	21:25.9	180
245 Erin Fine	9	Rapid City Stevens, SD	21:27.3	181
246 Sydney Hedberg	11	Eastview	21:27.9	182
247 Maggie Powell	11	Grand Forks Central, ND	21:29.4	183
248 Kylie Kraemer	11	Eastview	21:34.2	184
249 Alexandra Schwartz	9	Lincoln Southwest, NE	21:41.0	185
250 Elisha Peterson	12	Mpls Washburn, MN	21:45.6	186
251 Marah Hart	9	Marshall, MN	21:51.2	187
252 Erica Dykstra	9	Rapid City Stevens, SD	21:52.4 8	188
253 Kate Botkin	10	Millard South, NE	21:54.9 7	189
254 Lily Johnson	8	Monticello, MN	21:59.2	190
255 Alexis Spinetta	7	Grand Forks Central, ND	22:04.0	191
256 Emily Ross	10	Osage, IA	22:14.6 7	192
257 Lexi Ziebol	11	Monticello, MN	22:15.7	193
258 Baylee Iaquinto	7	Monticello, MN	22:16.3	194
259 Amber Squires	11	Lincoln East, NE	22:17.8 8	195
260 Megan Blome	12	Lincoln East, NE	22:17.8	196
261 Bryce Jones	11	Linn-Mar, IA	22:26.3	197
262 Jaedyn Birchmier	9	Ankeny Centennial, IA	22:33.0	198
263 Rebecca Jerina	10	Crete, NE	22:37.2	
264 Emily Friesen	9	Osage, IA	22:42.7	199
265 Abbie Wahlund	7	Minot, ND	22:47.8	
266 Jeanna Miller	10	Alexandria, MN	22:52.5	200
267 Whitney Olson	11	Alexandria, MN	22:54.4	201
268 Breana Barker	10	Osage, IA	23:11.2	202
269 Alex Byrnes	11	Osage, IA	23:11.3	203
270 Julia Bobinet	11	Osage, IA	23:11.3	204
271 Jacia Christiansen	10	Viborg, SD	23:26.1	
272 Emma Schwartz	9	Lincoln Southwest, NE	24:13.8	205
273 Kim Pramberg	12	Lincoln East, NE	25:16.2	206