

2009 Nike Cross Nationals Heartland Regional

Yankton Trail Park, Sioux Falls, SD November, 14th 2009 50 degrees, light breeze, sunny

1. 61 Eden Prairie, MN

1 1 Aaron Bartnik 15:33.7
2 3 Mohamed Mohamed 15:52.2
3 12 Chris Mueller 16:05.2
4 21 Kyle Bratrud 16:19.0
5 24 Marcus Huderle 16:22.7
6 (42) Erick Meszaros-Jon 16:46.2
7 (103) Brady Gust 17:31

2. 74 Wayzata, MN

1 8 Oliver Haugland 15:58.8
2 9 Josh Thorson 16:01.3
3 18 John Subialka 16:16.5
4 19 Max Johnson 16:17.3
5 20 Landon Lozano 16:18.3
6 (25) Adam Moline 16:23.5
7 (31) Mark Harries 16:31.2

3. 97 Bismarck, ND

1 4 Christian Brown-otter 15:52.5
2 7 Ian Wiest 15:58.5
3 13 Jake Leingang 16:06.1
4 30 Josh Hintz 16:31.1
5 43 Brandon Barnes 16:46.6
6 (56) Lucas Degree 16:59.1
7 (59) Lane Kashur 16:59.9

4. 215 Stillwater, MN

1 16 Brian Brochman 16:13.6
2 37 Tom Linner 16:38.7
3 41 Ryan Nichols 16:44.7
4 45 Wade Hall 16:48.1
5 76 Nate Hanson 17:14
6 (86) Gabe Hanson 17:19
7 (95) Sean Bjork 17:27

5. 250 Brandon Valley, SD

1 17 Bobby Brockmueller 16:14.5
2 23 Billy Brockmueller 16:20.5
3 36 Nathan Hauge 16:38.2
4 62 Austin Hogie 17:01
5 112 Ben Schultz 17:37
6 (136) Blaze Kilian 18:02
7 (140) Zach VanEde 18:05

6. 295 Perham, MN

1 29 Sam Stoll 16:31
2 49 Klaus Weber 16:53
3 63 Keith Schornack 17:03
4 74 Nick Carignan 17:11
5 80 Isaac Werner 17:17
6 (82) Brandon Karels 17:17
7 (87) Andrew Riestenberg 17:20

7. 299 Sioux Falls Roosevelt

1 10 Tanner Ahrendt 16:04
2 44 Ethan Tabbert 16:48
3 53 Matt Horan 16:56
4 93 Jordan Fuglestad 17:26
5 99 Dylan Slaba 17:29
6 (144) Tyler Nack 18:07
7 (154) Adam Kost 18:34

8. 316 Shawnee Mission South, KS

1 2 Andrew Stevens 15:45
2 46 Michael Gawlick 16:49
3 69 Jack Powell 17:08
4 89 Will DuBois 17:21
5 110 Sam Reichman 17:35
6 (116) Sam Lutz 17:42
7 (117) Scott Leonard 17:44

9. 334 Lakeville North, MN

1 26 Ben Saxton 16:27
2 38 Joey Brenner 16:40
3 65 Sam Bach 17:04
4 84 Alex Cole 17:18
5 121 Kyle Haugen 17:47
6 (125) Connor Griffin 17:50
7 (145) Kyle Frober 18:07

10. 342 Cedar Falls, IA

1 48 Jacob Tayloe 16:51
2 64 Jakob Stoner 17:04
3 67 Andrew Halloran 17:07
4 75 Tanner Reyhons 17:14
5 88 Joey Sevcik 17:20
6 (107) Paul Strike 17:33
7 (108) Adam Streicher 17:33

11. 346 Rosemount, MN

1 39 Shane McCallum 16:41
2 47 Nathan Rock 16:50
3 68 Chandler Dye 17:08
4 78 Kyle Mills 17:15
5 114 Cameron Knotz 17:39
6 (119) Calvin Lehn 17:46
7 (130) Ben Dolan 17:54

12. 350 Burnsville, MN

1 28 Micheal Tessema 16:29
2 55 Shane Boeser 16:59
3 81 Ochaung Akway 17:17
4 85 Erik Kollash 17:19
5 101 Micheal Bolland 17:30
6 (165) Matt Connelly 18:59

13. 354 Burlington, IA

1 5 Marshall Moyer 15:55
2 50 Ben Witt 16:54
3 92 Mark Foster 17:24
4 102 Josh Minard 17:30
5 105 Kaleb Sterler 17:32
6 (151) Joshua Otto 18:17
7 (152) Colin Ensminger 18:25

14. 357 Bismarck Century

1 6 Brett Kelly 15:57
2 33 Levi Sether 16:32
3 98 Matt Nicklos 17:29
4 109 Cataldo Didonna 17:34
5 111 Dylan Sether 17:37
6 (131) Cassidy Heid 17:56

15. 381 Pella, IA

1 22 Zach Wittenberg 16:21
2 58 Nathan Buchheit 17:00
3 71 Jon Klein 17:10
4 91 Zach Buchheit 17:23
5 139 Michael Schemm 18:04
6 (162) Evan Jones 18:54
7 (166) Chris Meyers 19:00

16. 384 Alexandria, MN

1 32 Zach Hodgson 16:32
2 70 Austin McCoy 17:09
3 73 Will Sieling 17:10
4 94 Dan Gorghuber 17:27
5 115 David Ohman 17:40
6 (133) Sam Vinje 17:57
7 (147) Mitch Ronning 18:12

17. 390 Marshalltown, IA

1 52 Christian Kremer 16:55
2 60 Eric Shomo 17:00
3 61 Patrick Fink 17:00
4 97 Jimma James 17:28
5 120 Austin Watts 17:46
6 (132) Luke Hood 17:56
7 (158) Mike Gettemy 18:48

18. 423 Lincoln North Star, NE

1 34 James Tang 16:38
2 40 Sydney Madlock 16:44
3 77 Eric Lomison 17:15
4 124 Mohamed Hamdan 17:49
5 148 Matt Keeshahn 18:12

19. 425 Moorhead, MN

1 35 Derek Nelson 16:38
2 51 Chirstian P. Larson 16:55
3 104 Matt Nicolai 17:32
4 113 Nick Geraghty 17:47
5 122 Dan Sederquist 17:47
6 (123) Josh Young 17:48

20. 443 Hopkins, MN

1 27 Besu Shannon-Tamr 16:29
2 66 John Klecker 17:05
3 90 Mustaf Osman 17:21
4 96 Sam Jacobwith 17:28
5 164 Joe Klecker 18:58
6 (167) David Abel 19:05
7 (168) Mike Larson 19:13

21. 472 Grand Forks Central, ND

22. 504 Rochester Mayo, MN

23. 509 Pleasant Valley, IA

24. 556 Red Wing, MN

25. 608 Millard South, NE

INTERMEDIATE SCORES

	Mile	2 Mile	Final
Eden Prairie	139	73	61
Wayzata	220	90	74
Bismarck	149	94	97
Stillwater	93	176	215
Brandon Valley	103	187	220

1 1 Aaron Bartnik JR Eden Prairie 15:33.7
2 x Marcus Paulson SR Wi-Hamilton 15:37.4
3 x Jake Erschen SR Wi-Marquette Univ 15:40.3
4 2 Andrew Stevens SR SM South 15:44.3
5 x Jacob Sandry SR MN-Bloom Jefferson 15:46.1
6 x Tony Smoragiewicz SO Sd-Rapid City Central 15:48.0
7 x Jarren Heng SR Neb-Norfolk Catholic 15:48.2
8 3 Mohamed Mohamed JR Eden Prairie 15:52.2

9 4 Christian Brown-Otter SR Bismarck 15:52.5
10 5 Marshall Moyer JR IA-Burlington 15:54.5
11 6 Brett Kelly SR Bismarck Century 15:56.8
12 7 Ian Wiest SR Bismarck 15:58.5
13 8 Oliver Haugland SR Wayzata 15:58.8
14 9 Josh Thorson SO Wayzata 16:01.3
15 x Blayne Dulian SR Mn-Coon Rapids 16:02.2
16 x Jon-Michael Brandt SR Mn-Winona 16:02.7

17 10 Tanner Ahrendt FR SF Roosevelt 16:03.7
18 11 Bryant Blahnik JR Red Wing 16:04.3
19 12 Chris Mueller SR Eden Prairie 16:05.2
20 x Jake Autio SR Mn-St. Michael-Albertv. 16:05.7
21 13 Jake Leingang FR Bismarck 16:06.1
22 14 Tyler Meseke JR Pleasant Valley 16:07.6
23 x Evan Landes JR KS-Mulvane 16:08.7
24 15 Riley Macon SO Roch. Mayo 16:11.3
25 16 Brian Brochman SR Stillwater 16:13.6
26 x Riley Coates JR Sd-Rapids City Stevens 16:14.3
27 17 Bobby Brockmueller SR Brandon Valley 16:14.5
28 18 John Subialka SR Wayzata 16:16.5
29 19 Max Johnson SR Wayzata 16:17.3
30 20 Landon Lozano SR Wayzata 16:18.3
31 x Cole Decker SO Ia-Dowling Catholic 16:19.0
32 21 Kyle Bratrud JR Eden Prairie 16:19.0
33 22 Zach Wittenberg SR Pella 16:20.3
34 23 Billy Brockmueller SR Brandon Valley 16:20.5
35 x Paul Yak SR Ia-Storm Lake 16:21.4
36 x Michael Ellenberger SR Mn-Edina 16:22.1
57 34 James Tang SO NE- Lincoln Northstar 16:37.4
58 35 Derek Nelson JR Moorhead 16:37.6
59 36 Nathan Hauge JR Brandon Valley 16:38.2
60 37 Tom Linner SO Stillwater 16:38.7
61 38 Joey Brenner JR Lakeville North 16:39.8
62 39 Shane McCallum JR Rosemount 16:40.5
63 40 Sydney Madlock SR Lincoln Northstar 16:43.2
64 x Brady McGuire JR Ne-North Platte 16:44.3
65 41 Ryan Nichols SR Stillwater 16:44.7
66 42 Erick Meszaros-Jones SR Eden Prairie 16:46.2
67 43 Brandon Barnes SR Bismarck 16:46.6
68 44 Ethan Tabbert SO SF Roosevelt 16:47.3
69 45 Wayde Hall FR Stillwater 16:48.1
70 46 Michael Gawlick SO SM South 16:48.8
71 47 Nathan Rock SO Rosemount 16:49.4
72 x TJ Gleason JR Sd-Sioux Falls Lincoln 16:49.6
73 x Nathan Robeck SR Mn-St Michael-Albertv. 16:49.9
74 x Mark Caballero SR Wi-Marquette Univ. 16:50.4
75 48 Jacob Tayloe SR Cedar Falls, IA 16:50.5
76 x Kyle Economy SR Mn-Chaska 16:52.7
77 49 Klaus Weber JR Perham 16:52.8
78 50 Ben Witt JR Burlington 16:53.2
79 x Oj Ojullu JR Mn-Worthington 16:53.6
80 51 Chirstian P. Larso JR Moorhead 16:54.1
81 52 Christian Kremer SO Marshalltown 16:54.3
82 x Mubarik Musa SO Mn-Worthington 16:55.1
83 53 Matt Horan JR SF Roosevelt 16:55.1
84 x Connor Marshall JR Ne- Lincoln SW 16:55.1
85 x Wyatt Doop SR Mn-Orono 16:56.7
86 54 Cody Doughan SR Pleasant Val 16:56.9
87 x Kemal Jarso SR Mn-St. Paul Central 16:58.2
88 55 Shane Boeser JR Burnsville 16:58.2
89 56 Lucas Degree SR Bismarck 16:59.1
90 57 Tom Fisher SO GF Central 16:59.3
91 58 Nathan Buchheit SR Pella 16:59.8
92 x Jonathan Powell SR Ne-Columbus 16:59.8
93 59 Lane Kashur FR Bismarck 16:59.9
94 60 Eric Shomo SR Marshalltown 16:59.9
95 61 Patrick Fink SR Marshalltown 16:59.9
96 62 Austin Hogie SO Brandon Vall 17:00.8
97 63 Keith Schornack JR Perham 17:02.1
98 64 Jakob Stoner JR Cedar Falls, IA 17:03.1
99 65 Sam Bach JR Lakeville North 17:03.7
100 66 John Klecker SO Hopkins 17:04.6
101 67 Andrew Halloran SO Cedar Falls, IA 17:06.8
102 x Kody Fitzjerrells SO Ia-Dubuque Sr. 17:07.1
103 68 Chandler Dye SO Rosemount 17:07.30
104 69 Jack Powell SO SM South 17:07.80
105 70 Austin McCoy SR Alexandria 17:08.70
106 71 Jon Klein SR Pella 17:09.40
107 72 Shane Harlow JR GF Central 17:09.60
108 73 Will Sieling SO Alexandria 17:09.70
109 74 Nick Carignan FR Perham 17:10.50
110 x Jeffrey Mettler SR Sd-Eureka 17:12.90
37 24 Marcus Huderle SR Eden Prairie 16:22.7
38 25 Adam Moline JR Wayzata 16:23.5
39 x Steven Dado JR Mn-Totino Grace 16:24.7
40 x Andrew Barrett Ia-DesMoines Roosevelt 16:25.4
41 26 Ben Saxton SO Lakeville North 16:26.3
42 x Alex Johnson JR Mn-Maple Grove 16:26.9
43 x Logan Sloan JR Ks-Lawrence Free State 16:28.1
44 27 Micheal Tessema SR Burnsville 16:28.7
45 28 Besufekad Shannon-Tamrat- SR Hopkins 16:28.7
46 x Michael Van Voorhiis SR Mn-St. Paul Central 16:28.9
47 29 Sam Stoll SR Perham 16:30.5
48 30 Josh Hintz SR Bismarck 16:31.1
49 31 Mark Harries JR Wayzata 16:31.2
50 32 Zach Hodgson JR Alexandria 16:32.0
51 33 Levi Sether JR Century 16:32.0
52 x JT McCarthy SR Ia-Burlington 16:32.2
53 x Kenny Mayer SR Sd-Watertown 16:34.6
54 x Kevin Lewis JR Ia-Ottumwa 16:36.4
55 x Tyler Olson JR Mn-Maple Grove 16:36.60
56 x Marcus Portofee SR NE Papillon-LaVista 16:37.1
111 75 Tanner Reyhons JR Cedar Falls 17:13.30
112 76 Nate Hanson SO Stillwater 17:13.50
113 77 Eric Lomison SR Lincoln Northstar 17:14.20
114 78 Kyle Mills SR Rosemount 17:14.50
115 x Dillon Dodson JR Ne-Sidney 17:15.10
116 79 Andrew Johnson JR Roch. Mayo 17:15.80
117 80 Isaac Werner SR Perham 17:16.20
118 81 Ochaung Akway SR Burnsville 17:16.30
119 82 Brandon Karels JR Perham 17:17.00
120 83 Paul Shafer SO GF Central 17:17.30
121 84 Alex Cole SR Lakeville North 17:17.60
122 85 Erik Kollash JR Burnsville 17:19.00
123 86 Gabe Hanson SR Stillwater 17:19.00
124 Eric Sanders SO Sd-Rapid City Central 17:19.20
125 87 Andrew Riestenberg JR Perham 17:19.90
126 88 Joey Sevcik SR Cedar Falls 17:20.00
127 89 Will Dubois SR SM South 17:20.10
128 90 Mustaf Osman SR Hopkins 17:20.60
129 x Josh Heitkamp SR SD- Sioux F Washington 17:22.00
130 91 Zach Buchheit SO Pella 17:22.60
131 92 Mark Foster JR Burlington 17:23.80
132 93 Jordan Fuglestad SR SF Roosevelt 17:26.00
133 94 Dan Gorghuber JR Alexandria 17:26.70
134 95 Sean Bjork FR Stillwater 17:26.90
135 96 Sam Jacobwith SO Hopkins 17:27.50
136 97 Jimma James SR Marshalltown 17:27.90
137 98 Matt Nicklos JR Century 17:28.10
138 99 Dylan Slaba SO SF Roosevelt 17:28.60
139 100 Nick Simmonds JR Millard South 17:28.90
140 x Jacee Jarnagin SR Ks-Holcomb 17:29.20
141 101 Micheal Bolland JR Burnsville 17:29.40
142 102 Josh Minard SR Burlington 17:29.80
143 x Zach Brintz SR Mn-Centennial 17:30.10
144 103 Brady Gust SR Eden Prairie 17:30.50
145 104 Matt Nicolai SR Moorhead 17:31.30
146 x Sidney Speir FR Mn-Eagan 17:31.60
147 105 Kaleb Sterler SO Burlington 17:31.80
148 106 Christian Leitner SO Red Wing 17:31.90
149 107 Paul Strike SR Cedar Falls, 17:32.10
150 108 Adam Streicher SO Cedar Falls, 17:32.70
151 109 Cataldo Didonna FR Century 17:34.00
152 110 Sam Reichman JR SM South 122 17:34.90
153 111 Dylan Sether FR Century 17:36.30
154 112 Ben Schultz SO Brandon Vall 17:36.60
155 x Stephen Duley JR Wi-Fond du Lac 17:37.30
156 x Michael Wolf SR Ks-Holcomb 17:37.60
157 x Addison Dehaven 8 Sd-Brookings 17:38.00
158 113 Nick Geraghty JR Moorhead 17:38.80
159 114 Cameron Knotz JR Rosemount 17:38.90
160 115 David Ohman SR Alexandria 17:39.90
161 x Paul Thompson SR Mn-? 17:40.10
162 116 Sam Lutz SR SM South 17:41.40
163 117 Scott Leonard SO SM South 17:43.10
164 118 Dave Prchal JR Millard South 17:43.60

165 119 Calvin Lehn SO Rosemount 17:45.50
166 120 Austin Watts JR Marshalltown 17:45.80
167 121 Kyle Haugen SR Lakeville North 17:46.30
168 122 Dan Sederquist SR Moorhead 17:46.50
169 123 Josh Young 8 Moorhead 17:47.10
170 124 Mohamed Hamdan FR Lincoln Northstar 17:48.20
171 125 Connor Griffin SR Lakeville North 17:49.80
172 126 Mike Torrey SR GF Central 17:50.00
173 x Terry Nielsen JR Ia-Cedar Falls N.U.H. 17:50.20
174 127 Jimmy Olson JR Millard South 17:51.00
175 128 Robert Bestenlehne JR Millard South 17:51.90
176 129 Billy Schimmel JR Roch. Mayo 17:52.10
177 x Caleb Marler FR Sd- Rapid City Stevens 17:52.30
178 130 Ben Dolan JR Rosemount 17:53.60
179 131 Cassidy Heid JR Century 17:55.30
180 132 Luke Hood JR Marshalltown 17:56.00
181 133 Sam Vinje SR Alexandria 17:56.30
182 134 Andrew Torrey FR GF Central 17:58.10
183 x Chase McClaren SR Ne-Grand Island 17:58.70
184 135 Derek Comba SR Millard South 18:00.50
185 x John Evenocheck JR Rosemount 18:01.60
186 136 Blaze Kilian SR Brandon Vall 18:01.60
187 137 Ben Tittle JR Red Wing 18:02.90
188 138 Nick Seavy SR Roch. Mayo 18:03.20
189 139 Michael Schemm FR Pella 18:03.70
190 140 Zach Vanede FR Brandon Vall 18:04.40
191 141 Alex Torrey SO GF Central 18:04.70
192 142 Safwan Elkhatib JR Pleasant Val 18:05.20
193 143 Steven Schimmel SO Roch. Mayo 18:05.40
194 144 Tyler Nack SR SF Roosevelt 18:06.50
195 145 Kyle Frober JR Lakeville North 18:07.00
196 x Chase Frerichs SO Ne-Sidney 18:10.10
197 146 Max Christiansen JR Red Wing 18:11.20
198 147 Mitch Ronning JR Alexandria 18:11.60
199 148 Matt Keeshahn JR Lincoln Northstar 18:11.70
200 149 Johnathon Creighto JR Pleasant Val 18:12.00
201 150 Tony Meyer SO Pleasant Val 18:13.00
202 151 Joshua Otto FR Burlington 18:16.20
203 x Joe Tilliskjor SR Mn-Centennial 18:19.10
204 x Jacob Cassutt JR SD-Oldham-Ramona 18:20.10
205 152 Colin Ensminger FR Burlington 18:25.00
206 x Ronnie Costello JR Ne-Omaha South 18:26.70
207 153 Ben Houska SO GF Central 18:27.90
208 x Ryan Brown SO Centennial 18:32.20
209 154 Adam Kost FR SF Roosevelt1 18:34.00
210 155 Luke Kruger SO Roch. Mayo 18:36.80
211 156 Isaac Wyland JR Red Wing 18:37.40
212 157 Ryan Pewowaruk FR Roch. Mayo 18:43.50
213 x Lam Ramdiet SR Ne-Omaha South 18:46.70
214 158 Mike Gettemy JR Marshalltown 18:47.70
215 159 Evan Schommer JR Pleasant Val 18:48.20
216 x Wes Hyllstead SR Centennial 18:48.20
217 160 Danny Herzberg JR Pleasant Val 18:49.30
218 161 Jordy Hassmer SO Red Wing 18:52.30
219 162 Evan Jones JR Pella 18:53.20
220 163 Nathan Meiners FR Millard South 18:56.00
221 164 Joe Klecker 8 Hopkins 224 18:57.80
222 165 Matt Connelly JR Burnsville 18:58.10
223 166 Chris Meyers SR Pella 18:59.50
224 167 David Abel JR Hopkins 19:04.70
225 x Antonio Villafuert JR Omaha South 19:07.50
226 168 Mike Larson JR Hopkins 19:12.10